



# Nährwerte

\* Diese Informationen gelten für unser Sternenbäck-Filial-Sortiment:

- Diese Angaben werden nach bestem Wissen und Gewissen überprüft und regelmäßig aktualisiert
- Die Richtigkeit und Vollständigkeit der Daten basiert den Angaben von unseren Rohstoff-Lieferanten und unseren Standardrezepturen. Die Angaben sind ohne Gewähr, da Irrtümer und Eingabefehler vorbehalten und geringfügige Abweichungen durch tagesaktuelle Veränderungen im Produktionsprozess und in der Produktzusammensetzung nicht ausgeschlossen werden können.
- Alle aktuellen Standardprodukte sind in der Tabelle aufgeführt, jedoch ist es möglich, dass manche Produkte nicht in allen Filialen erhältlich sind. Abweichungen können ebenso entstehen, wenn Daten für neue Produkte oder Produktänderungen noch nicht mit einbezogen werden konnten.
- Sollten ein für Sie interessantes Produkt in der Auflistung nicht aufgeführt sein, wenden Sie sich bitte gern über unsere Homepage an unser Produkt-Beratungs-Team

ArtNr	Artikel	Brennwert/ 100g(kcal)	Brennwert/ 100g(kJ)	Nährwert. Kohlenhydrate	Nährwert. Zucker	Nährwert. Fett	Nährwert. Ges: Fettsäuren	Nährwert. Eiweiss	Nährwert. Salz	Nährwert. Broteinheiten
1002	Frühstück süß	163	684	20,357 g/100g	8,994 g/100g	7,508 g/100g	3,639 g/100g	3,179 g/100g	0,143 g/100g	1,70
1003	Frühstück schnell	153	640	16,762 g/100g	2,946 g/100g	7,553 g/100g	4,521 g/100g	4,080 g/100g	0,495 g/100g	1,40
1004	Frühstück deftig	160	671	15,825 g/100g	2,490 g/100g	7,873 g/100g	4,604 g/100g	6,119 g/100g	0,239 g/100g	1,30
1005	Salatteller groß	36	152	4,617 g/100g	1,941 g/100g	1,233 g/100g	0,083 g/100g	1,275 g/100g	0,224 g/100g	0,40
1011	Reis	150	629	33,200 g/100g	0,100 g/100g	0,400 g/100g	0,100 g/100g	2,900 g/100g	14,600 g/100g	2,80
1012	Fitnesssalat mit Hähnchenstreifen	50	209	4,096 g/100g	1,690 g/100g	1,474 g/100g	0,153 g/100g	4,688 g/100g	0,316 g/100g	0,30
1013	Strammes Mäxchen	212	886	18,185 g/100g	1,098 g/100g	11,234 g/100g	5,905 g/100g	8,922 g/100g	1,030 g/100g	1,50
1017	Laugenbrezel mit Butter	288	1.206	37,892 g/100g	1,261 g/100g	11,974 g/100g	6,958 g/100g	6,017 g/100g	1,313 g/100g	3,20
1019	Kraftpaket	211	883	24,282 g/100g	1,442 g/100g	7,867 g/100g	3,358 g/100g	10,035 g/100g	1,220 g/100g	2,00
1021	Putenmax	203	850	20,311 g/100g	3,219 g/100g	8,622 g/100g	1,344 g/100g	9,590 g/100g	1,616 g/100g	1,70
1024	Latte Macchiato (M)	50	211	3,745 g/100g	3,740 g/100g	2,732 g/100g	1,714 g/100g	2,737 g/100g		0,30
1029	Kakao	39	162	7,378 g/100g	6,673 g/100g	0,449 g/100g	0,367 g/100g	1,163 g/100g	0,131 g/100g	0,60
1030	Portion Sahne	333	1.394	6,000 g/100g	6,000 g/100g	34,000 g/100g	24,000 g/100g	2,000 g/100g	0,100 g/100g	0,50
1032	Cappuccino (M)	50	211	3,745 g/100g	3,740 g/100g	2,732 g/100g	1,714 g/100g	2,737 g/100g		0,30
1042	Eiskaffee	105	441	12,539 g/100g	12,486 g/100g	5,560 g/100g	4,652 g/100g	1,280 g/100g	0,054 g/100g	1,00
1048	Country Mix	203	852	18,654 g/100g	3,820 g/100g	9,918 g/100g	4,403 g/100g	8,883 g/100g	1,210 g/100g	1,60
1053	Cassis Sorbet	182	763	39,405 g/100g	25,459 g/100g	1,292 g/100g	0,714 g/100g	1,830 g/100g	0,074 g/100g	3,30
1054	Sanfter Engel	112	468	17,206 g/100g	17,155 g/100g	4,181 g/100g	3,716 g/100g	1,239 g/100g	0,052 g/100g	1,40
1055	Choccolate Chips	279	1.170	39,568 g/100g	25,378 g/100g	11,103 g/100g	8,903 g/100g	4,181 g/100g	0,269 g/100g	3,30
1056	Melba	219	916	23,190 g/100g	19,041 g/100g	12,904 g/100g	9,463 g/100g	2,201 g/100g	0,180 g/100g	1,90
1057	Gouda-Stern	238	996	24,007 g/100g	1,024 g/100g	11,501 g/100g	4,802 g/100g	8,856 g/100g	1,370 g/100g	2,00
1058	Frühstück Hallo Wach	111	465	13,735 g/100g	4,238 g/100g	4,570 g/100g	2,369 g/100g	3,417 g/100g	0,142 g/100g	1,10
1059	Salami-Stern	227	950	26,032 g/100g	1,167 g/100g	9,885 g/100g	2,750 g/100g	7,637 g/100g	1,241 g/100g	2,20
1060	Eiskakao	134	562	18,097 g/100g	17,517 g/100g	5,895 g/100g	4,929 g/100g	2,151 g/100g	0,152 g/100g	1,50
1061	Ciocolata Stracciatella	303	1.267	39,486 g/100g	25,297 g/100g	14,103 g/100g	8,822 g/100g	3,532 g/100g	0,180 g/100g	3,30
1062	Braunbär-Becher	190	797	28,100 g/100g	26,828 g/100g	7,003 g/100g	4,970 g/100g	3,321 g/100g	0,707 g/100g	2,30
1063	Citronen Sorbet	175	734	39,405 g/100g	27,243 g/100g	0,886 g/100g	0,389 g/100g	1,424 g/100g	0,123 g/100g	3,30
1064	Crème Vanilla	273	1.144	35,595 g/100g	21,973 g/100g	12,967 g/100g	10,768 g/100g	3,208 g/100g	0,212 g/100g	3,00
1065	Strawberry Cream	223	932	38,270 g/100g	26,919 g/100g	6,238 g/100g	4,849 g/100g	2,397 g/100g	0,099 g/100g	3,20
1067	Heißes Früchtchen	227	951	22,600 g/100g	18,154 g/100g	13,861 g/100g	10,143 g/100g	2,414 g/100g	0,192 g/100g	1,90
1068	Kleiner Eisspaß	219	917	32,381 g/100g	27,215 g/100g	9,108 g/100g	6,972 g/100g	1,431 g/100g	0,053 g/100g	2,70
1069	Pizzaschnitte Hawaii	164	687	25,812 g/100g	5,766 g/100g	3,116 g/100g	1,693 g/100g	7,257 g/100g	1,252 g/100g	2,20
1070	Feines Würzfleisch	90	377	4,900 g/100g	1,100 g/100g	3,800 g/100g	2,300 g/100g	9,000 g/100g	1,300 g/100g	0,40
1076	Frozen Joghurt	208	871	33,324 g/100g	21,568 g/100g	5,670 g/100g	3,146 g/100g	4,262 g/100g	0,180 g/100g	2,80
1077	Honest Bio Tee/Limo	212	888	38,676 g/100g	26,108 g/100g	4,859 g/100g	3,713 g/100g	2,559 g/100g	0,123 g/100g	3,20
1078	Vanille Speiseeis	176	735	32,016 g/100g	25,919 g/100g	3,666 g/100g	2,708 g/100g	3,108 g/100g	0,128 g/100g	2,70
1082	Kakao Speiseeis	188	788	32,105 g/100g	26,008 g/100g	4,731 g/100g	3,240 g/100g	3,818 g/100g	0,749 g/100g	2,70
1083	Pizzaschnitte Schinken	166	694	25,502 g/100g	3,702 g/100g	3,318 g/100g	1,822 g/100g	7,436 g/100g	1,385 g/100g	2,10
1085	Erdbeer Speiseeis	144	604	33,435 g/100g	19,798 g/100g	0,473 g/100g	0,224 g/100g	0,890 g/100g	0,128 g/100g	2,80
1092	Boulettenbrötchen	230	965	19,831 g/100g	1,623 g/100g	12,797 g/100g	3,445 g/100g	8,648 g/100g	1,333 g/100g	1,70
1094	Schweineschnitzel paniert	224	937	15,600 g/100g	0,700 g/100g	9,600 g/100g	1,800 g/100g	18,600 g/100g	1,540 g/100g	1,30
1098	1 Paar Wiener	275	1.151	7,600 g/100g	0,500 g/100g	21,000 g/100g	8,900 g/100g	14,400 g/100g	2,400 g/100g	0,60
1099	1 Paar Wiener mit Brötchen	259	1.083	20,728 g/100g	0,809 g/100g	14,160 g/100g	5,902 g/100g	11,768 g/100g	2,029 g/100g	1,70
1101	Schinken-Stern	193	807	25,357 g/100g	1,138 g/100g	6,367 g/100g	0,921 g/100g	7,531 g/100g	1,444 g/100g	2,10
1105	Kartoffelsalat	150	630	14,000 g/100g	4,000 g/100g	10,000 g/100g	1,000 g/100g	1,300 g/100g	1,200 g/100g	1,20
1107	Heißes Kakaogetränk mit Sahne	56	233	7,298 g/100g	6,635 g/100g	2,385 g/100g	1,731 g/100g	1,212 g/100g	0,129 g/100g	0,60
1111	Himmelblau Speiseeis	173	726	27,403 g/100g	16,782 g/100g	5,440 g/100g	3,506 g/100g	3,285 g/100g	0,838 g/100g	2,30
1112	Italiano	209	876	16,900 g/100g	1,980 g/100g	11,520 g/100g	6,668 g/100g	8,957 g/100g	0,964 g/100g	1,40
1113	Frikadelle	289	1.209	11,700 g/100g	0,700 g/100g	21,000 g/100g	7,000 g/100g	13,700 g/100g	1,800 g/100g	1,00
1114	Bockwurst mit Brötchen	244	1.023	17,487 g/100g	1,143 g/100g	15,262 g/100g	7,387 g/100g	9,028 g/100g	2,004 g/100g	1,50
1115	Bockwurst	254	1.062	1,000 g/100g	1,000 g/100g	23,500 g/100g	11,600 g/100g	10,300 g/100g	2,400 g/100g	0,10
1116	Grilled Chicken	191	801	21,245 g/100g	3,353 g/100g	6,997 g/100g	3,682 g/100g	9,942 g/100g	1,389 g/100g	1,80
1118	Fischers Fritz	223	932	20,821 g/100g	1,905 g/100g	11,871 g/100g	4,351 g/100g	7,510 g/100g	1,139 g/100g	1,70
1121	Fischbrötchen	164	685	16,184 g/100g	1,369 g/100g	6,287 g/100g	0,135 g/100g	9,900 g/100g	0,437 g/100g	1,30
1124	Hot Dog	250	1.047	30,115 g/100g	3,400 g/100g	9,504 g/100g	4,139 g/100g	10,085 g/100g	1,774 g/100g	2,50
1125	Pizzaschnitte vegetarisch	158	662	25,368 g/100g	4,013 g/100g	3,083 g/100g	1,731 g/100g	6,157 g/100g	1,291 g/100g	2,10
1127	Hawaiistange	217	908	24,515 g/100g	3,318 g/100g	7,560 g/100g	4,704 g/100g	11,891 g/100g	1,429 g/100g	2,00
1130	Milchkaffee (M)	42	176	3,122 g/100g	3,117 g/100g	2,277 g/100g	1,429 g/100g	2,282 g/100g		0,30
1150	Käselaugenstange mit Speck	249	1.043	28,039 g/100g	1,033 g/100g	8,979 g/100g	5,136 g/100g	13,082 g/100g	2,044 g/100g	2,30
1163	Pizzaschnitte Salami	181	756	25,534 g/100g	3,733 g/100g	5,006 g/100g	2,547 g/100g	7,405 g/100g	1,310 g/100g	2,10
1179	gekochtes Ei	153	640	0,600 g/100g	0,500 g/100g	11,000 g/100g	3,300 g/100g	13,100 g/100g	0,320 g/100g	0,10
1183	Rogg'n Egg	231	968	20,031 g/100g	1,736 g/100g	13,028 g/100g	6,746 g/100g	7,649 g/100g	0,786 g/100g	1,70
1184	Laugenpeitsche belegt	238	997	20,961 g/100g	0,711 g/100g	12,268 g/100g	4,620 g/100g	10,351 g/100g	2,170 g/100g	1,70
1186	Erdbeer-Dream	185	775	25,081 g/100g	21,917 g/100g	8,501 g/100g	6,019 g/100g	1,398 g/100g	0,066 g/100g	2,10
1188	Pizzaschnitte Mozzarella	164	688	22,885 g/100g	3,447 g/100g	4,453 g/100g	2,658 g/100g	7,303 g/100g	1,327 g/100g	1,90
1189	Kraftprotz	247	1.036	19,234 g/100g	0,984 g/100g	14,595 g/100g	6,107 g/100g	9,421 g/100g	0,766 g/100g	1,60

ArtNr	Artikel	Brennwert/ 100g(kcal)	Brennwert/ 100g(kJ)	Nährwert. Kohlenhydrate	Nährwert. Zucker	Nährwert. Fett	Nährwert. Ges: Fettsäuren	Nährwert. Eiweiss	Nährwert. Salz	Nährwert. Broteinheiten
1194	Mango Speiseeis	189	790	35,121 g/100g	29,024 g/100g	3,400 g/100g	2,264 g/100g	3,818 g/100g	0,749 g/100g	2,90
1196	Erbseintopf	94	393	9,700 g/100g	1,100 g/100g	2,600 g/100g	0,900 g/100g	6,000 g/100g	0,850 g/100g	0,80
1200	Eierlikör Speiseeis	163	683	27,403 g/100g	16,782 g/100g	5,440 g/100g	3,506 g/100g	0,802 g/100g	0,040 g/100g	2,30
1205	Panini Salami	266	1.112	20,746 g/100g	1,201 g/100g	14,831 g/100g	8,550 g/100g	11,720 g/100g	1,374 g/100g	1,70
1206	Kinderbecher	162	677	31,012 g/100g	21,480 g/100g	3,786 g/100g	2,697 g/100g	0,542 g/100g	0,093 g/100g	2,60
1207	Panini Schinken	236	989	21,733 g/100g	1,159 g/100g	11,191 g/100g	7,116 g/100g	11,390 g/100g	1,509 g/100g	1,80
1211	Wiener m. Kartoffelsalat	218	914	10,509 g/100g	2,091 g/100g	16,000 g/100g	5,309 g/100g	8,445 g/100g	1,855 g/100g	0,90
1214	Gemischtes Eis	235	983	29,179 g/100g	24,336 g/100g	11,942 g/100g	9,768 g/100g	2,252 g/100g	0,144 g/100g	2,40
1215	Panini Tomate Mozzarella	178	745	18,608 g/100g	1,899 g/100g	7,696 g/100g	4,787 g/100g	7,739 g/100g	1,121 g/100g	1,60
1223	Milchkaffee (L)	42	176	3,122 g/100g	3,117 g/100g	2,277 g/100g	1,429 g/100g	2,282 g/100g		0,30
1227	Schwedisch gut	226	945	22,181 g/100g	18,470 g/100g	14,137 g/100g	10,240 g/100g	2,379 g/100g	0,197 g/100g	1,80
1231	Frühstück französisch	180	753	14,868 g/100g	6,002 g/100g	11,851 g/100g	7,225 g/100g	3,307 g/100g	0,361 g/100g	1,20
1232	Frühstück für kleine Gäste	133	557	17,640 g/100g	6,900 g/100g	5,553 g/100g	3,083 g/100g	2,732 g/100g	0,459 g/100g	1,50
1236	Hamburger Schnitzel	245	1.025	15,390 g/100g	0,868 g/100g	15,096 g/100g	4,318 g/100g	11,650 g/100g	0,806 g/100g	1,30
1239	Käsebrötchen Spezial	261	1.094	26,046 g/100g	0,972 g/100g	11,142 g/100g	5,353 g/100g	13,212 g/100g	1,245 g/100g	2,20
1241	Kassler	99	413	7,689 g/100g	0,701 g/100g	4,983 g/100g	1,586 g/100g	5,781 g/100g	1,196 g/100g	0,60
1243	Joghurtgenuss	141	591	16,522 g/100g	13,900 g/100g	6,625 g/100g	3,522 g/100g	3,035 g/100g	0,101 g/100g	1,40
1255	Kraftpaket belegt mit Hähnchenschnitte	193	808	20,407 g/100g	1,266 g/100g	7,033 g/100g	3,840 g/100g	11,141 g/100g	0,924 g/100g	1,70
1258	Schinkenmettwurstbrötchen	228	956	44,295 g/100g	1,364 g/100g	1,750 g/100g	0,460 g/100g	7,058 g/100g	1,362 g/100g	3,70
1259	Brotzeit	204	856	9,993 g/100g	2,566 g/100g	14,716 g/100g	3,734 g/100g	8,027 g/100g	1,940 g/100g	0,80
1267	Heißes Kakaogetränk (M)	39	162	7,378 g/100g	6,673 g/100g	0,449 g/100g	0,367 g/100g	1,163 g/100g	0,131 g/100g	0,60
1270	Bockwurst m. Kartoffelsalat	194	814	7,250 g/100g	2,250 g/100g	15,250 g/100g	5,900 g/100g	7,200 g/100g	1,450 g/100g	0,60
1276	Frühstück Schlemmer	153	639	13,990 g/100g	5,872 g/100g	8,162 g/100g	3,916 g/100g	5,566 g/100g	0,316 g/100g	1,20
1287	Hühnerfrikassee	98	409	9,943 g/100g	1,500 g/100g	2,927 g/100g	1,286 g/100g	7,725 g/100g	0,750 g/100g	0,80
1296	Fruchtbecher	180	753	29,410 g/100g	23,908 g/100g	5,757 g/100g	2,554 g/100g	2,198 g/100g	0,457 g/100g	2,50
1303	Schülerbrötchen mit Salami	219	918	21,967 g/100g	1,611 g/100g	11,302 g/100g	2,722 g/100g	6,781 g/100g	1,027 g/100g	1,80
1304	Schülerbrötchen mit Salami und Käse	219	919	21,904 g/100g	1,547 g/100g	11,231 g/100g	3,243 g/100g	7,063 g/100g	1,069 g/100g	1,80
1305	Schülerbrötchen mit Käse	220	920	21,841 g/100g	1,484 g/100g	11,161 g/100g	3,764 g/100g	7,345 g/100g	1,111 g/100g	1,80
1324	Frühstück Mediterran	167	700	16,710 g/100g	3,733 g/100g	8,024 g/100g	4,154 g/100g	6,623 g/100g	0,277 g/100g	1,40
1325	Frühstück Rustikal	167	700	13,028 g/100g	2,121 g/100g	9,548 g/100g	4,375 g/100g	7,073 g/100g	0,573 g/100g	1,10
1326	Frühstücksteller	139	583	9,834 g/100g	2,603 g/100g	8,280 g/100g	4,745 g/100g	6,074 g/100g	0,529 g/100g	0,80
1327	Frühstück Fitness	168	704	12,297 g/100g	2,228 g/100g	10,080 g/100g	4,606 g/100g	6,850 g/100g	0,313 g/100g	1,00
1328	Frühstück Sternbäck Spezial	109	457	11,011 g/100g	4,026 g/100g	5,255 g/100g	2,360 g/100g	4,247 g/100g	0,219 g/100g	0,90
1336	Snack des Monats*	230	965	19,831 g/100g	1,623 g/100g	12,797 g/100g	3,445 g/100g	8,648 g/100g	1,333 g/100g	1,70
1338	Bratkartoffeln	86	358	14,600 g/100g	0,700 g/100g	2,100 g/100g	0,200 g/100g	1,900 g/100g	0,005 g/100g	1,20
1349	Quarkbällchen- Erdbeerspieß	176	739	22,886 g/100g	8,666 g/100g	6,993 g/100g	1,658 g/100g	5,095 g/100g	0,658 g/100g	1,90
1365	Vitaminbecher	122	509	19,110 g/100g	16,721 g/100g	3,640 g/100g	2,480 g/100g	2,261 g/100g	0,046 g/100g	1,60
1368	Schokihammer	267	1.120	29,793 g/100g	24,724 g/100g	14,664 g/100g	11,628 g/100g	3,341 g/100g	0,240 g/100g	2,50
1371	Strammer Max	247	1.032	11,183 g/100g	0,946 g/100g	16,690 g/100g	5,636 g/100g	12,778 g/100g	1,816 g/100g	0,90
1378	Pasta mit Gulasch	265	1.110	49,297 g/100g	2,303 g/100g	2,115 g/100g	0,263 g/100g	10,442 g/100g	0,007 g/100g	4,10
1379	Pasta m. Käsesauce u. Filetstreifen	257	1.076	42,389 g/100g	2,610 g/100g	4,122 g/100g	2,286 g/100g	11,133 g/100g	0,486 g/100g	3,50
1380	Pasta m. Käsesauce	277	1.158	48,738 g/100g	2,895 g/100g	3,858 g/100g	2,204 g/100g	10,047 g/100g	0,401 g/100g	4,10
1381	Pasta m. Bolognese	262	1.095	49,067 g/100g	4,058 g/100g	2,065 g/100g	0,877 g/100g	9,931 g/100g	0,325 g/100g	4,10
1382	Pasta m. Tomatensauce	252	1.053	50,367 g/100g	4,200 g/100g	0,933 g/100g	0,400 g/100g	8,433 g/100g	0,573 g/100g	4,20
1384	Rührei mit Schinken	214	897	0,955 g/100g	0,258 g/100g	16,927 g/100g	2,465 g/100g	14,954 g/100g	1,436 g/100g	0,10
1385	Salatteller mit Hähnchenfiletstreifen	86	360	6,146 g/100g	4,120 g/100g	3,528 g/100g	0,551 g/100g	6,975 g/100g	0,400 g/100g	0,50
1386	Feines Ragout vom Schwein	112	470	4,641 g/100g	0,997 g/100g	5,714 g/100g	3,655 g/100g	10,583 g/100g	1,352 g/100g	0,40
1387	Deftige Linsensuppe	74	312	11,000 g/100g	1,300 g/100g	0,600 g/100g	0,100 g/100g	5,000 g/100g	0,900 g/100g	0,90
1388	Bohneneintopf	43	179	4,900 g/100g	1,900 g/100g	1,500 g/100g	0,200 g/100g	1,900 g/100g	0,890 g/100g	0,40
1393	Da steppt die Beere	129	541	17,990 g/100g	15,123 g/100g	4,776 g/100g	2,426 g/100g	2,675 g/100g	0,082 g/100g	1,50
1397	Sülze	151	632	9,995 g/100g	2,877 g/100g	9,886 g/100g	2,296 g/100g	5,662 g/100g	0,867 g/100g	0,80
1398	Pasta	356	1.489	72,000 g/100g	3,500 g/100g	1,000 g/100g	0,400 g/100g	12,000 g/100g	0,010 g/100g	6,00
1412	Pulled Pork Burger	204	854	24,568 g/100g	3,162 g/100g	6,989 g/100g	3,017 g/100g	9,758 g/100g	1,634 g/100g	2,00
1416	Omelette	154	643	1,285 g/100g	0,231 g/100g	12,053 g/100g	0,507 g/100g	10,229 g/100g	0,010 g/100g	0,10
1417	Bauernfrühstück	124	519	7,074 g/100g	0,435 g/100g	7,725 g/100g	0,373 g/100g	6,608 g/100g	0,008 g/100g	0,60
1419	Goldenes Ei	152	638	0,600 g/100g	0,500 g/100g	11,000 g/100g	3,300 g/100g	13,000 g/100g	0,320 g/100g	0,10
1424	Soljanka	63	265	5,100 g/100g	4,400 g/100g	3,400 g/100g	1,300 g/100g	2,800 g/100g	1,000 g/100g	0,40

ArtNr	Artikel	Brennwert/ 100g(kcal)	Brennwert/ 100g(kJ)	Nährwert. Kohlenhydrate	Nährwert. Zucker	Nährwert. Fett	Nährwert. Ges: Fettsäuren	Nährwert. Eiweiss	Nährwert. Salz	Nährwert. Broteinheiten
1425	Gulaschsuppe	66	275	6,200 g/100g	2,100 g/100g	1,800 g/100g	0,600 g/100g	5,100 g/100g	1,630 g/100g	0,50
1426	Kartoffelsuppe	53	222	9,000 g/100g	1,300 g/100g	0,900 g/100g	0,200 g/100g	1,400 g/100g	1,030 g/100g	0,80
1427	Hackfleischbällchen m. Pfeffercremesauce	201	841	12,383 g/100g	1,377 g/100g	14,263 g/100g	7,681 g/100g	5,756 g/100g	1,159 g/100g	1,00
1428	Kohlroulade	87	366	9,618 g/100g	2,653 g/100g	4,162 g/100g	1,674 g/100g	2,400 g/100g	0,880 g/100g	0,80
1440	Sternenburger	207	868	15,290 g/100g	4,453 g/100g	11,962 g/100g	3,809 g/100g	9,021 g/100g	1,001 g/100g	1,30
1445	Oktoberfest-Spieß	260	1.088	21,664 g/100g	0,872 g/100g	13,848 g/100g	7,051 g/100g	11,466 g/100g	1,713 g/100g	1,80
1447	Putenmedaillon	103	432	10,514 g/100g	1,286 g/100g	3,570 g/100g	2,214 g/100g	7,154 g/100g	0,893 g/100g	0,90
1452	Latte Macchiato (L)	50	211	3,745 g/100g	3,740 g/100g	2,732 g/100g	1,714 g/100g	2,737 g/100g		0,30
1453	Cappuccino (L)	50	211	3,745 g/100g	3,740 g/100g	2,732 g/100g	1,714 g/100g	2,737 g/100g		0,30
1454	Käsebrezel Spezial	256	1.070	29,271 g/100g	1,052 g/100g	9,790 g/100g	4,797 g/100g	11,465 g/100g	1,355 g/100g	2,40
1455	Heißes Kakaotränk (L)	39	162	7,378 g/100g	6,673 g/100g	0,449 g/100g	0,367 g/100g	1,163 g/100g	0,131 g/100g	0,60
1456	Heißes Kakaotränk XL mit Sahne	53	220	7,312 g/100g	6,641 g/100g	2,047 g/100g	1,493 g/100g	1,203 g/100g	0,129 g/100g	0,60
1467	Spiegelei mit 2 Eier	205	857	0,923 g/100g		17,231 g/100g	1,000 g/100g	12,000 g/100g	0,019 g/100g	0,10
1478	5er Quarkbällchentüte	311	1.303	35,893 g/100g	18,199 g/100g	15,196 g/100g	3,247 g/100g	7,271 g/100g	1,006 g/100g	3,00
1493	Brezel Schnittlauch	269	1.127	31,339 g/100g	1,525 g/100g	13,164 g/100g	7,312 g/100g	5,551 g/100g	1,273 g/100g	2,60
2001	Baguette	223	935	45,142 g/100g	0,902 g/100g	0,851 g/100g	0,229 g/100g	6,927 g/100g	1,414 g/100g	3,80
2006	Bauernstange	202	846	37,153 g/100g	2,046 g/100g	1,530 g/100g	0,538 g/100g	7,726 g/100g	1,367 g/100g	3,10
2013	Kartoffelbrot	210	880	42,138 g/100g	0,981 g/100g	0,684 g/100g	0,107 g/100g	6,682 g/100g	1,353 g/100g	3,50
2017	Vollkornbrot	177	741	33,305 g/100g	0,726 g/100g	0,916 g/100g	0,145 g/100g	5,570 g/100g	1,388 g/100g	2,80
2020	Roggenmischbrot	192	805	38,738 g/100g	2,338 g/100g	0,698 g/100g	0,108 g/100g	5,470 g/100g	1,165 g/100g	3,20
2035	Sonnenkornbrot	255	1.066	33,117 g/100g	2,276 g/100g	7,909 g/100g	0,942 g/100g	10,058 g/100g	1,286 g/100g	2,80
2061	Lutherkruste	196	821	38,809 g/100g	2,592 g/100g	0,777 g/100g	0,124 g/100g	6,015 g/100g	1,197 g/100g	3,20
2072	Zwiebelbrot	220	923	38,564 g/100g	2,305 g/100g	3,643 g/100g	1,538 g/100g	6,258 g/100g	1,260 g/100g	3,20
2083	Craft-Baguette	246	1.030	38,955 g/100g	5,724 g/100g	5,851 g/100g	0,624 g/100g	7,037 g/100g	1,242 g/100g	3,20
2091	Original Weihnachtsstollen ohne Dekor 500g	358	1.500	45,771 g/100g	23,475 g/100g	16,181 g/100g	8,007 g/100g	5,773 g/100g	0,523 g/100g	3,80
2134	Mandelstollen 500g	456	1.908	44,075 g/100g	16,672 g/100g	27,022 g/100g	11,879 g/100g	7,899 g/100g	0,577 g/100g	3,70
2137	Unser Körniges	312	1.306	14,887 g/100g	4,251 g/100g	21,843 g/100g	2,400 g/100g	10,516 g/100g	1,027 g/100g	1,20
2138	Nussbrot	273	1.143	31,424 g/100g	2,605 g/100g	10,820 g/100g	1,147 g/100g	10,020 g/100g	1,271 g/100g	2,60
2145	Quarkstollen	307	1.286	44,184 g/100g	21,653 g/100g	11,121 g/100g	4,267 g/100g	6,824 g/100g	0,781 g/100g	3,70
2208	Weihnachtsgebäck	443	1.856	56,000 g/100g	40,000 g/100g	22,000 g/100g	13,000 g/100g	5,300 g/100g	0,270 g/100g	4,70
2211	Mohnstollen	361	1.513	28,528 g/100g	14,113 g/100g	22,957 g/100g	9,210 g/100g	7,953 g/100g	0,399 g/100g	2,40
2221	Weißbrot	224	937	44,128 g/100g	0,781 g/100g	1,448 g/100g	0,463 g/100g	6,745 g/100g	1,326 g/100g	3,70
2222	100%er - Roggenbrot	213	891	42,365 g/100g	3,904 g/100g	0,839 g/100g	0,130 g/100g	5,927 g/100g	1,231 g/100g	3,50
2223	Roggenmischbrot	184	769	36,704 g/100g	2,114 g/100g	0,689 g/100g	0,111 g/100g	5,351 g/100g	1,280 g/100g	3,10
2225	Mohnzopf klein	238	996	43,649 g/100g	1,449 g/100g	2,843 g/100g	0,512 g/100g	7,338 g/100g	1,305 g/100g	3,60
2226	Mehrkornbrot	221	924	32,894 g/100g	2,237 g/100g	5,021 g/100g	0,613 g/100g	8,307 g/100g	1,083 g/100g	2,70
2230	Hausbrot	194	812	38,471 g/100g	2,659 g/100g	0,720 g/100g	0,169 g/100g	6,090 g/100g	1,233 g/100g	3,20
2234	Mandelstollen	414	1.735	40,077 g/100g	15,424 g/100g	24,611 g/100g	10,876 g/100g	7,100 g/100g	0,519 g/100g	3,30
2235	Original Weihnachtsstollen ohne Dekor 1500g	358	1.500	45,771 g/100g	23,475 g/100g	16,181 g/100g	8,007 g/100g	5,773 g/100g	0,523 g/100g	3,80
2236	Original Weihnachtsstollen ohne Dekor 1000g	358	1.500	45,771 g/100g	23,475 g/100g	16,181 g/100g	8,007 g/100g	5,773 g/100g	0,523 g/100g	3,80
2237	Original Weihnachtsstollen mit Dekor 1500g	375	1.571	46,616 g/100g	25,783 g/100g	17,954 g/100g	9,239 g/100g	5,348 g/100g	0,484 g/100g	3,90
2238	Original Weihnachtsstollen mit Dekor 1000g	374	1.566	46,558 g/100g	25,623 g/100g	17,832 g/100g	9,154 g/100g	5,377 g/100g	0,487 g/100g	3,90
2248	Mohnzopf groß	245	1.024	42,657 g/100g	1,500 g/100g	3,833 g/100g	0,622 g/100g	7,662 g/100g	1,274 g/100g	3,60
2249	Süßer Zopf klein	293	1.229	46,694 g/100g	8,897 g/100g	6,444 g/100g	3,107 g/100g	10,416 g/100g	1,272 g/100g	3,90
2250	Süßer Zopf groß	294	1.230	46,718 g/100g	8,918 g/100g	6,448 g/100g	3,108 g/100g	10,452 g/100g	1,272 g/100g	3,90
2253	Rosinenzopf klein	293	1.226	46,238 g/100g	11,043 g/100g	6,395 g/100g	2,968 g/100g	10,797 g/100g	1,198 g/100g	3,90
2254	Rosinenzopf groß	293	1.226	46,238 g/100g	11,043 g/100g	6,395 g/100g	2,968 g/100g	10,797 g/100g	1,198 g/100g	3,90
2282	Original Weihnachtsstollen mit Dekor 750g	375	1.569	46,621 g/100g	25,766 g/100g	17,910 g/100g	9,210 g/100g	5,354 g/100g	0,485 g/100g	3,90
2287	Craftlaib	216	903	40,121 g/100g	2,030 g/100g	2,291 g/100g	0,257 g/100g	6,457 g/100g	1,345 g/100g	3,30
2298	Dinkelvollkornbrot	219	915	31,587 g/100g	2,537 g/100g	5,337 g/100g	0,648 g/100g	7,968 g/100g	1,122 g/100g	2,60
2302	Original Weihnachtsstollen mit Dekor 500g	375	1.571	46,616 g/100g	25,783 g/100g	17,954 g/100g	9,239 g/100g	5,348 g/100g	0,484 g/100g	3,90
2324	Original Weihnachtsstollen Scheiben	377	1.580	47,104 g/100g	26,179 g/100g	18,055 g/100g	9,265 g/100g	5,251 g/100g	0,460 g/100g	3,90
2325	Mandelstollen	415	1.739	40,170 g/100g	15,639 g/100g	24,696 g/100g	10,951 g/100g	7,061 g/100g	0,516 g/100g	3,30

ArtNr	Artikel	Brennwert/ 100g(kcal)	Brennwert/ 100g(kJ)	Nährwert. Kohlenhydrate	Nährwert. Zucker	Nährwert. Fett	Nährwert. Ges: Fettsäuren	Nährwert. Eiweiss	Nährwert. Salz	Nährwert. Broteinheiten
2329	Original Weihnachtsstollen ohne Dekor 750g	358	1.500	45,771 g/100g	23,475 g/100g	16,181 g/100g	8,007 g/100g	5,773 g/100g	0,523 g/100g	3,80
2346	Braumeisterlaib	205	857	37,722 g/100g	1,363 g/100g	1,067 g/100g	0,238 g/100g	7,982 g/100g	1,332 g/100g	3,10
2349	Erfurter Roggenkracher	214	896	42,927 g/100g	2,621 g/100g	0,808 g/100g	0,132 g/100g	6,167 g/100g	1,330 g/100g	3,60
2354	Thüringer Mischbrot	205	857	40,456 g/100g	1,835 g/100g	1,151 g/100g	0,143 g/100g	5,952 g/100g	1,254 g/100g	3,40
2368	1766er Brot	240	1.005	45,770 g/100g	2,820 g/100g	1,132 g/100g	0,212 g/100g	8,816 g/100g	1,516 g/100g	3,80
4000	Brezeln	230	962	42,027 g/100g	1,327 g/100g	3,157 g/100g	1,434 g/100g	6,599 g/100g	10,252 g/100g	3,50
4001	Milchhörnchen	344	1.439	53,807 g/100g	10,277 g/100g	7,481 g/100g	3,598 g/100g	13,218 g/100g	1,623 g/100g	4,50
4002	Roggenbrötchen	209	876	40,606 g/100g	2,869 g/100g	1,087 g/100g	0,282 g/100g	6,937 g/100g	1,363 g/100g	3,40
4005	Käsebrötchen	256	1.071	29,942 g/100g	0,928 g/100g	8,861 g/100g	5,672 g/100g	13,047 g/100g	1,506 g/100g	2,50
4008	Sesambrötchen	266	1.114	41,399 g/100g	1,259 g/100g	6,543 g/100g	1,129 g/100g	8,344 g/100g	1,209 g/100g	3,40
4010	Dinkelherz	246	1.030	36,647 g/100g	2,835 g/100g	4,843 g/100g	0,665 g/100g	11,535 g/100g	1,204 g/100g	3,10
4011	Laugenstange	261	1.092	47,725 g/100g	1,514 g/100g	3,586 g/100g	1,631 g/100g	7,501 g/100g	5,071 g/100g	4,00
4012	Vollkornbrötchen	242	1.015	34,643 g/100g	1,984 g/100g	5,165 g/100g	0,695 g/100g	10,655 g/100g	1,642 g/100g	2,90
4014	Mohnbrötchen	260	1.087	40,497 g/100g	1,613 g/100g	5,988 g/100g	0,863 g/100g	8,366 g/100g	1,208 g/100g	3,40
4015	Ciabattabrötchen	208	872	40,252 g/100g	1,161 g/100g	1,262 g/100g	0,220 g/100g	6,920 g/100g	1,374 g/100g	3,40
4016	Kaiserbrötchen	229	957	44,964 g/100g	1,380 g/100g	1,531 g/100g	0,366 g/100g	6,909 g/100g	1,345 g/100g	3,70
4019	Minibaguettebrötchen	248	1.039	50,157 g/100g	1,003 g/100g	0,945 g/100g	0,254 g/100g	7,697 g/100g	1,571 g/100g	4,20
4023	Schrippen	230	965	45,305 g/100g	1,148 g/100g	1,544 g/100g	0,369 g/100g	6,992 g/100g	1,304 g/100g	3,80
4029	Kürbiskernbrötchen	274	1.147	34,075 g/100g	1,583 g/100g	9,024 g/100g	1,671 g/100g	11,721 g/100g	1,030 g/100g	2,80
4033	Kornstange	282	1.181	40,454 g/100g	1,887 g/100g	6,587 g/100g	1,362 g/100g	11,868 g/100g	1,380 g/100g	3,40
4035	Buttercroissant	359	1.503	35,500 g/100g	3,900 g/100g	21,200 g/100g	12,600 g/100g	5,700 g/100g	1,175 g/100g	3,00
4039	Käsebrezel	251	1.050	32,515 g/100g	1,033 g/100g	7,972 g/100g	4,939 g/100g	11,086 g/100g	1,557 g/100g	2,70
4040	Limettenkamm	331	1.384	45,388 g/100g	24,278 g/100g	14,638 g/100g	8,379 g/100g	3,676 g/100g	0,423 g/100g	3,80
4055	Pfannkuchen/Berliner	300	1.255	54,220 g/100g	30,478 g/100g	6,224 g/100g	2,228 g/100g	5,352 g/100g	0,743 g/100g	4,50
4056	Kirschplunder	329	1.376	45,249 g/100g	18,648 g/100g	13,963 g/100g	6,746 g/100g	4,390 g/100g	0,517 g/100g	3,80
4059	Mohnschnecke	368	1.540	41,312 g/100g	19,241 g/100g	18,759 g/100g	7,032 g/100g	6,729 g/100g	0,329 g/100g	3,40
4060	Buttercroissant m. Schokocreame	375	1.570	46,161 g/100g	20,461 g/100g	17,835 g/100g	9,874 g/100g	6,709 g/100g	0,761 g/100g	3,80
4061	Puddingschnecke	318	1.331	45,338 g/100g	21,437 g/100g	12,703 g/100g	6,094 g/100g	4,590 g/100g	0,424 g/100g	3,80
4063	Apfeltasche	308	1.291	31,947 g/100g	8,136 g/100g	18,216 g/100g	8,676 g/100g	3,457 g/100g	0,620 g/100g	2,70
4065	Fruchtpuddingplunder	266	1.112	33,924 g/100g	9,136 g/100g	12,194 g/100g	5,948 g/100g	4,329 g/100g	0,571 g/100g	2,80
4073	Reformationsbrötchen	170	713	20,800 g/100g	13,130 g/100g	8,823 g/100g	5,241 g/100g	1,538 g/100g	0,157 g/100g	1,70
4074	Laugenpeitsche	256	1.073	41,653 g/100g	0,565 g/100g	6,394 g/100g	0,924 g/100g	6,271 g/100g	2,180 g/100g	3,50
4076	Mehrkornbrötchen	268	1.120	37,485 g/100g	1,717 g/100g	7,485 g/100g	1,050 g/100g	10,046 g/100g	1,202 g/100g	3,10
4078	Kümmelbrötchen	214	894	40,448 g/100g	1,229 g/100g	2,041 g/100g	0,326 g/100g	6,719 g/100g	7,875 g/100g	3,40
4081	Quarkbällchen	311	1.303	35,893 g/100g	18,199 g/100g	15,196 g/100g	3,247 g/100g	7,271 g/100g	1,006 g/100g	3,00
4083	Rosinenbrötchen	271	1.133	44,267 g/100g	13,209 g/100g	4,683 g/100g	2,121 g/100g	11,003 g/100g	1,390 g/100g	3,70
4086	Streuselschnecken	333	1.395	56,748 g/100g	25,824 g/100g	8,796 g/100g	2,903 g/100g	5,395 g/100g	0,518 g/100g	4,70
4087	Stollenkonfekt	386	1.615	45,969 g/100g	27,851 g/100g	19,431 g/100g	10,439 g/100g	5,396 g/100g	0,476 g/100g	3,80
4089	Käse-Schinken-Brötchen	252	1.057	24,429 g/100g	0,942 g/100g	10,031 g/100g	5,792 g/100g	15,324 g/100g	2,266 g/100g	2,00
4092	Erdbeerfruchtplunder	195	815	26,012 g/100g	10,693 g/100g	8,294 g/100g	3,702 g/100g	3,091 g/100g	0,368 g/100g	2,20
4094	Partyring	318	1.332	40,835 g/100g	15,223 g/100g	13,543 g/100g	5,036 g/100g	6,779 g/100g	0,461 g/100g	3,40
4095	Partykranz	376	1.575	32,154 g/100g	11,516 g/100g	21,693 g/100g	5,718 g/100g	11,029 g/100g	0,433 g/100g	2,70
4097	Kartoffelbrötchen	238	998	45,445 g/100g	2,286 g/100g	1,646 g/100g	0,394 g/100g	7,979 g/100g	1,681 g/100g	3,80
4099	Knoten	295	1.234	46,037 g/100g	8,794 g/100g	6,409 g/100g	3,081 g/100g	11,496 g/100g	1,414 g/100g	3,80
4101	Käselaugenstange	251	1.051	32,545 g/100g	1,038 g/100g	7,976 g/100g	4,942 g/100g	11,096 g/100g	1,468 g/100g	2,70
4104	Spritzkuchen	152	637	24,361 g/100g	8,972 g/100g	3,696 g/100g	2,250 g/100g	4,333 g/100g	0,556 g/100g	2,00
4105	Persianplunder	393	1.647	48,417 g/100g	22,825 g/100g	18,776 g/100g	7,440 g/100g	6,484 g/100g	0,496 g/100g	4,00
4106	Fladenkamm	326	1.365	49,179 g/100g	26,352 g/100g	12,259 g/100g	5,953 g/100g	3,803 g/100g	0,444 g/100g	4,10
4114	Fladenbrot Mediterran	217	909	39,547 g/100g	1,139 g/100g	2,414 g/100g	0,398 g/100g	7,248 g/100g	1,342 g/100g	3,30
4130	Handbrot mit Gouda	239	1.001	12,819 g/100g	1,546 g/100g	15,672 g/100g	9,504 g/100g	11,300 g/100g	1,079 g/100g	1,10
4136	Grillkonfekt	234	979	38,964 g/100g	1,408 g/100g	3,981 g/100g	1,012 g/100g	8,270 g/100g	1,986 g/100g	3,20
4166	Handbrot Salami-Käse	259	1.086	13,756 g/100g	1,837 g/100g	17,861 g/100g	9,694 g/100g	10,609 g/100g	1,088 g/100g	1,10
4167	Handbrot Zwiebelmettwurst-Ei	183	767	19,630 g/100g	1,733 g/100g	7,215 g/100g	2,326 g/100g	8,979 g/100g	1,320 g/100g	1,60
4178	Doppelbrötchen	229	957	44,964 g/100g	1,380 g/100g	1,531 g/100g	0,366 g/100g	6,909 g/100g	1,345 g/100g	3,70
4182	Laugenzopf	231	968	42,274 g/100g	1,345 g/100g	3,178 g/100g	1,445 g/100g	6,659 g/100g	3,293 g/100g	3,50
4185	Himbeer-Johannisbeer Berliner	344	1.439	54,979 g/100g	29,241 g/100g	10,924 g/100g	4,717 g/100g	5,131 g/100g	0,657 g/100g	4,60
4197	Kräppelchen	329	1.378	43,370 g/100g	9,457 g/100g	13,627 g/100g	3,882 g/100g	7,141 g/100g	0,997 g/100g	3,60
4236	Jogging Schleife	240	1.005	37,914 g/100g	2,619 g/100g	4,842 g/100g	0,606 g/100g	8,449 g/100g	1,266 g/100g	3,20
4237	Laugenkastanien	243	1.016	40,401 g/100g	1,506 g/100g	4,835 g/100g	1,542 g/100g	7,341 g/100g	1,367 g/100g	3,40
4263	Laugensnack Weißwurst	362	1.514	25,800 g/100g	4,800 g/100g	24,800 g/100g	11,200 g/100g	8,300 g/100g	1,250 g/100g	2,10
4270	Mohnstriezel	314	1.313	40,624 g/100g	17,474 g/100g	12,580 g/100g	3,941 g/100g	7,392 g/100g	0,490 g/100g	3,40
4282	1766er Brötchen	243	1.017	40,301 g/100g	1,376 g/100g	4,465 g/100g	0,638 g/100g	8,069 g/100g	1,452 g/100g	3,40
4283	Walnuss-Plunder	400	1.673	45,102 g/100g	19,081 g/100g	20,895 g/100g	6,657 g/100g	6,759 g/100g	0,474 g/100g	3,80
4293	Goldweck	227	950	43,935 g/100g	0,904 g/100g	1,867 g/100g	0,313 g/100g	6,698 g/100g	1,483 g/100g	3,70
4295	Papageien-Muffin	347	1.452	42,707 g/100g	26,713 g/100g	17,621 g/100g	2,289 g/100g	4,078 g/100g	0,858 g/100g	3,60
6006	Eierschecke traditionell	220	920	26,955 g/100g	17,124 g/100g	9,964 g/100g	4,950 g/100g	5,286 g/100g	0,271 g/100g	2,20

ArtNr	Artikel	Brennwert/ 100g(kcal)	Brennwert/ 100g(kJ)	Nährwert. Kohlenhydrate	Nährwert. Zucker	Nährwert. Fett	Nährwert. Ges: Fettsäuren	Nährwert. Eiweiss	Nährwert. Salz	Nährwert. Broteinheiten
6010	Lebkuchenkonfekt	383	1.603	57,832 g/100g	45,411 g/100g	13,454 g/100g	6,441 g/100g	5,670 g/100g	0,220 g/100g	4,80
6012	Sandzunge	450	1.885	51,594 g/100g	26,234 g/100g	25,040 g/100g	15,557 g/100g	3,942 g/100g	0,063 g/100g	4,30
6021	Schwarzwälder Kirschschnitte	255	1.067	26,342 g/100g	19,084 g/100g	14,925 g/100g	9,405 g/100g	3,553 g/100g	0,266 g/100g	2,20
6022	Himbeerschnitte	184	771	31,000 g/100g	21,000 g/100g	5,300 g/100g	2,800 g/100g	2,800 g/100g	0,230 g/100g	2,60
6029	Käsekuchen	215	899	27,832 g/100g	18,984 g/100g	8,332 g/100g	4,765 g/100g	6,754 g/100g	0,329 g/100g	2,30
6033	Delikatess- Mandelkuchen	402	1.683	39,078 g/100g	19,158 g/100g	23,533 g/100g	10,220 g/100g	7,365 g/100g	0,572 g/100g	3,30
6039	Schweinsohren	444	1.858	43,826 g/100g	16,070 g/100g	27,732 g/100g	15,353 g/100g	4,341 g/100g	0,774 g/100g	3,70
6040	Eclairs	280	1.172	25,692 g/100g	18,006 g/100g	18,503 g/100g	12,466 g/100g	2,728 g/100g	0,372 g/100g	2,10
6041	Windbeutel	289	1.208	15,534 g/100g	11,774 g/100g	23,822 g/100g	14,320 g/100g	3,634 g/100g	0,196 g/100g	1,30
6044	Zupfkuchen traditionell	254	1.064	33,559 g/100g	17,697 g/100g	9,951 g/100g	4,707 g/100g	6,825 g/100g	0,327 g/100g	2,80
6060	Donut	426	1.783	39,300 g/100g	10,700 g/100g	26,800 g/100g	14,300 g/100g	6,100 g/100g	1,725 g/100g	3,30
6072	Mandarinenschnitte	190	796	26,440 g/100g	19,006 g/100g	8,430 g/100g	3,252 g/100g	1,733 g/100g	0,414 g/100g	2,20
6075	Erdbeerfruchtschnitte	166	694	28,000 g/100g	19,000 g/100g	4,800 g/100g	2,500 g/100g	2,400 g/100g	0,220 g/100g	2,30
6076	Bratapfelkuchen traditionell	236	989	30,910 g/100g	19,475 g/100g	11,020 g/100g	1,452 g/100g	2,743 g/100g	0,199 g/100g	2,60
6080	Pflaumenkuchen traditionell mit Streusel	235	985	35,142 g/100g	11,870 g/100g	8,740 g/100g	4,150 g/100g	3,346 g/100g	0,243 g/100g	2,90
6083	Schmandkuchen traditionell	203	849	23,119 g/100g	12,678 g/100g	10,627 g/100g	6,253 g/100g	3,463 g/100g	0,303 g/100g	1,90
6097	Weihnachtsstraumschnitt e	356	1.492	31,363 g/100g	24,184 g/100g	23,821 g/100g	9,241 g/100g	3,830 g/100g	0,275 g/100g	2,60
6101	Baumkuchen	488	2.042	48,000 g/100g	34,000 g/100g	30,000 g/100g	20,000 g/100g	6,800 g/100g	0,280 g/100g	4,00
6108	Marmorkuchen	440	1.841	31,943 g/100g	21,273 g/100g	32,632 g/100g	11,571 g/100g	4,569 g/100g	0,463 g/100g	2,70
6112	Regenbogentaler	430	1.800	75,479 g/100g	56,962 g/100g	12,341 g/100g	6,191 g/100g	3,084 g/100g	0,060 g/100g	6,30
6119	Kirsch-Sahnering	292	1.221	22,818 g/100g	20,258 g/100g	21,061 g/100g	13,342 g/100g	2,713 g/100g	0,135 g/100g	1,90
6122	Knusperstreuselkuchen traditionell	268	1.123	36,566 g/100g	17,774 g/100g	11,958 g/100g	6,078 g/100g	2,893 g/100g	0,329 g/100g	3,00
6166	Papageienkuchen	399	1.670	39,343 g/100g	24,783 g/100g	24,358 g/100g	3,019 g/100g	5,417 g/100g	0,643 g/100g	3,30
6179	Donut Vanille	419	1.755	41,600 g/100g	17,900 g/100g	25,900 g/100g	14,200 g/100g	4,500 g/100g	0,569 g/100g	3,50
6184	Mohnschecke	224	936	21,700 g/100g	12,785 g/100g	12,337 g/100g	4,352 g/100g	5,644 g/100g	0,238 g/100g	1,80
6404	Sternentaler	387	1.620	50,163 g/100g	34,429 g/100g	18,702 g/100g	14,150 g/100g	3,471 g/100g	0,218 g/100g	4,20
6415	Weihnachtsbaum Apfel- Mandel	378	1.583	38,967 g/100g	27,568 g/100g	22,489 g/100g	2,256 g/100g	4,137 g/100g	0,416 g/100g	3,20
6422	Pfirsich-Melba- Sahnetorte	225	943	24,000 g/100g	13,000 g/100g	13,000 g/100g	7,600 g/100g	3,200 g/100g	0,160 g/100g	2,00
6426	Nuss-Sahnetorte	287	1.202	23,000 g/100g	18,000 g/100g	20,000 g/100g	11,000 g/100g	4,200 g/100g	0,200 g/100g	1,90
6524	Frankfurter Kranz klein	359	1.502	39,125 g/100g	28,541 g/100g	21,086 g/100g	8,355 g/100g	3,039 g/100g	0,352 g/100g	3,30
6531	Weihnachtsbaum	436	1.826	45,890 g/100g	32,695 g/100g	25,989 g/100g	3,855 g/100g	4,017 g/100g	0,493 g/100g	3,80
6532	Weihnachtsbaum Sauerkirsch	390	1.632	41,154 g/100g	28,787 g/100g	22,980 g/100g	2,335 g/100g	3,812 g/100g	0,454 g/100g	3,40
6546	Schokosahnetorte	274	1.149	24,000 g/100g	14,000 g/100g	18,000 g/100g	11,000 g/100g	4,400 g/100g	0,160 g/100g	2,00
6547	Käse-Sahne-Torte	266	1.113	28,000 g/100g	17,000 g/100g	15,000 g/100g	8,900 g/100g	4,800 g/100g	0,260 g/100g	2,30
6548	Schwarzwälder Kirschtorte	244	1.019	26,000 g/100g	16,000 g/100g	14,000 g/100g	8,700 g/100g	3,500 g/100g	0,160 g/100g	2,20
6552	Erdbeer-Buttermilch- Torte	198	829	27,000 g/100g	18,700 g/100g	8,100 g/100g	4,000 g/100g	3,900 g/100g	0,200 g/100g	2,30
6555	Spekulatius-Eiche	323	1.354	36,356 g/100g	19,578 g/100g	17,512 g/100g	10,068 g/100g	4,930 g/100g	0,509 g/100g	3,00
6592	Butterkekse Heidesand	414	1.733	61,000 g/100g	31,496 g/100g	16,622 g/100g	9,929 g/100g	4,158 g/100g	0,332 g/100g	5,10
6601	Butterkekse schwarz/weiß	431	1.803	58,480 g/100g	25,177 g/100g	19,089 g/100g	11,407 g/100g	5,069 g/100g	0,373 g/100g	4,90