



# Nährwerte

\* Diese Informationen gelten für unser Sternenbäck-Filial-Sortiment:

- Diese Angaben werden nach bestem Wissen und Gewissen überprüft und regelmäßig aktualisiert
- Die Richtigkeit und Vollständigkeit der Daten basiert den Angaben von unseren Rohstoff-Lieferanten und unseren Standardrezepturen. Die Angaben sind ohne Gewähr, da Irrtümer und Eingabefehler vorbehalten und geringfügige Abweichungen durch tagesaktuelle Veränderungen im Produktionsprozess und in der Produktzusammensetzung nicht ausgeschlossen werden können.
- Alle aktuellen Standardprodukte sind in der Tabelle aufgeführt, jedoch ist es möglich, dass manche Produkte nicht in allen Filialen erhältlich sind. Abweichungen können ebenso entstehen, wenn Daten für neue Produkte oder Produktänderungen noch nicht mit einbezogen werden konnten.
- Sollten ein für Sie interessantes Produkt in der Auflistung nicht aufgeführt sein, wenden Sie sich bitte gern über unsere Homepage an unser Produkt-Beratungs-Team

| ArtNr | Bezeichnung                         | Brennwert/<br>100g(kcal) | Brennwert/<br>100g(kJ) | Nährwert.<br>Kohlenhydrate | Nährwert.<br>Zucker | Nährwert.<br>Fett | Nährwert.<br>ges. Fettsäuren | Nährwert.<br>Eiweiss | Nährwert.<br>Salz | Nährwert.<br>Proteinheiten |
|-------|-------------------------------------|--------------------------|------------------------|----------------------------|---------------------|-------------------|------------------------------|----------------------|-------------------|----------------------------|
| 2213  | 1/4 Schwabenlaib                    | 221                      | 927                    | 40,766 g/100g              | 1,261 g/100g        | 2,629 g/100g      | 0,277 g/100g                 | 6,602 g/100g         | 1,503 g/100g      | 3,40                       |
| 4282  | 1766er Brötchen                     | 263                      | 1.102                  | 43,707 g/100g              | 1,929 g/100g        | 4,859 g/100g      | 0,768 g/100g                 | 8,515 g/100g         | 1,516 g/100g      | 3,60                       |
| 6009  | Amerikaner                          | 310                      | 1.300                  | 51,998 g/100g              | 26,228 g/100g       | 8,546 g/100g      | 2,185 g/100g                 | 5,055 g/100g         | 1,443 g/100g      | 4,30                       |
| 6416  | Apfelkuchen Vegan                   | 168                      | 704                    | 28,100 g/100g              | 17,200 g/100g       | 5,000 g/100g      | 2,100 g/100g                 | 1,500 g/100g         | 0,100 g/100g      | 2,30                       |
| 2025  | Bäckerroggen                        | 215                      | 901                    | 42,081 g/100g              | 2,371 g/100g        | 0,983 g/100g      | 0,161 g/100g                 | 6,861 g/100g         | 1,337 g/100g      | 3,50                       |
| 2002  | Baguette Nature                     | 250                      | 1.048                  | 50,138 g/100g              | 0,819 g/100g        | 1,147 g/100g      | 0,325 g/100g                 | 7,577 g/100g         | 1,571 g/100g      | 4,20                       |
| 2041  | Bauernbrot Schweizer Art            | 218                      | 914                    | 44,006 g/100g              | 1,746 g/100g        | 0,804 g/100g      | 0,141 g/100g                 | 6,531 g/100g         | 1,358 g/100g      | 3,70                       |
| 4265  | Bauern-Brotzeit                     | 172                      | 721                    | 16,858 g/100g              | 2,361 g/100g        | 6,834 g/100g      | 3,344 g/100g                 | 9,948 g/100g         | 1,496 g/100g      | 1,40                       |
| 4055  | Berliner mit Fruchtfüllung          | 320                      | 1.341                  | 48,919 g/100g              | 15,811 g/100g       | 10,478 g/100g     | 1,738 g/100g                 | 6,195 g/100g         | 0,620 g/100g      | 4,10                       |
| 6398  | Blätterteig-Käsegebäck              | 398                      | 1.667                  | 10,626 g/100g              | 0,163 g/100g        | 31,009 g/100g     | 20,656 g/100g                | 19,683 g/100g        | 4,278 g/100g      | 0,90                       |
| 6628  | Bobbes                              | 449                      | 1.880                  | 53,616 g/100g              | 25,158 g/100g       | 22,765 g/100g     | 4,125 g/100g                 | 6,475 g/100g         | 0,103 g/100g      | 4,50                       |
| 1338  | Bratkartoffeln                      | 112                      | 469                    | 13,664 g/100g              | 0,482 g/100g        | 5,545 g/100g      | 2,759 g/100g                 | 1,850 g/100g         | 0,274 g/100g      | 1,10                       |
| 1533  | Brezel Black Pepper                 | 338                      | 1.416                  | 47,869 g/100g              | 1,612 g/100g        | 12,356 g/100g     | 1,604 g/100g                 | 7,407 g/100g         | 2,444 g/100g      | 4,00                       |
| 1535  | Brezel Cheese&Onion                 | 337                      | 1.410                  | 47,939 g/100g              | 1,562 g/100g        | 11,996 g/100g     | 1,814 g/100g                 | 7,777 g/100g         | 2,492 g/100g      | 4,00                       |
| 1494  | Brezel Gouda                        | 284                      | 1.189                  | 29,188 g/100g              | 2,241 g/100g        | 13,511 g/100g     | 8,168 g/100g                 | 11,312 g/100g        | 1,421 g/100g      | 2,40                       |
| 1534  | Brezel Pizza                        | 334                      | 1.398                  | 48,279 g/100g              | 1,872 g/100g        | 11,636 g/100g     | 1,614 g/100g                 | 7,517 g/100g         | 2,646 g/100g      | 4,00                       |
| 1498  | Brezel Salami                       | 280                      | 1.173                  | 31,199 g/100g              | 2,569 g/100g        | 13,005 g/100g     | 6,666 g/100g                 | 9,431 g/100g         | 1,329 g/100g      | 2,60                       |
| 1493  | Brezel Schnittlauch                 | 275                      | 1.153                  | 40,334 g/100g              | 3,608 g/100g        | 8,637 g/100g      | 4,507 g/100g                 | 8,607 g/100g         | 1,483 g/100g      | 3,40                       |
| 4000  | Brezeln                             | 342                      | 1.432                  | 64,319 g/100g              | 4,603 g/100g        | 3,776 g/100g      | 0,590 g/100g                 | 11,684 g/100g        | 5,857 g/100g      | 5,40                       |
| 4116  | Brioche                             | 329                      | 1.377                  | 53,262 g/100g              | 11,579 g/100g       | 8,210 g/100g      | 1,263 g/100g                 | 8,737 g/100g         | 0,705 g/100g      | 4,40                       |
| 1522  | Buntes Ei                           | 152                      | 638                    | 0,600 g/100g               | 0,500 g/100g        | 11,000 g/100g     | 3,300 g/100g                 | 13,000 g/100g        | 0,320 g/100g      | 0,10                       |
| 4035  | Buttercroissant                     | 390                      | 1.634                  | 38,589 g/100g              | 4,239 g/100g        | 23,044 g/100g     | 13,696 g/100g                | 6,196 g/100g         | 1,277 g/100g      | 3,20                       |
| 4060  | Buttercroissant mit<br>Schokocreame | 411                      | 1.721                  | 45,345 g/100g              | 13,147 g/100g       | 21,725 g/100g     | 12,144 g/100g                | 8,579 g/100g         | 1,003 g/100g      | 3,80                       |
| 4171  | Buttercroissant Vanilla             | 291                      | 1.216                  | 37,700 g/100g              | 7,500 g/100g        | 12,200 g/100g     | 7,300 g/100g                 | 6,400 g/100g         | 0,900 g/100g      | 3,10                       |
| 6592  | Butterkekse Heidesand               | 415                      | 1.736                  | 60,533 g/100g              | 32,078 g/100g       | 16,567 g/100g     | 9,863 g/100g                 | 4,828 g/100g         | 0,338 g/100g      | 5,00                       |
| 6601  | Butterkekse schwarz/weiß            | 431                      | 1.803                  | 57,822 g/100g              | 25,770 g/100g       | 18,986 g/100g     | 11,306 g/100g                | 5,815 g/100g         | 0,381 g/100g      | 4,80                       |
| 1360  | Caesars Salat                       | 93                       | 390                    | 4,694 g/100g               | 0,958 g/100g        | 3,488 g/100g      | 1,912 g/100g                 | 10,261 g/100g        | 0,613 g/100g      | 0,40                       |
| 1453  | Cappuccino XL                       | 50                       | 209                    | 3,745 g/100g               | 3,740 g/100g        | 2,732 g/100g      | 1,792 g/100g                 | 2,581 g/100g         | 0,001 g/100g      | 0,30                       |
| 1032  | Cappuccino groß                     | 50                       | 209                    | 3,745 g/100g               | 3,740 g/100g        | 2,732 g/100g      | 1,792 g/100g                 | 2,581 g/100g         | 0,001 g/100g      | 0,30                       |
| 1275  | Cappuccino klein                    | 50                       | 209                    | 3,745 g/100g               | 3,740 g/100g        | 2,732 g/100g      | 1,792 g/100g                 | 2,581 g/100g         | 0,001 g/100g      | 0,30                       |
| 4015  | Ciabattabrötchen                    | 206                      | 862                    | 40,345 g/100g              | 1,089 g/100g        | 1,197 g/100g      | 0,208 g/100g                 | 6,594 g/100g         | 1,245 g/100g      | 3,40                       |
| 1089  | Debreziner                          | 255                      | 1.070                  | 1,000 g/100g               | 1,000 g/100g        | 23,500 g/100g     | 10,600 g/100g                | 10,300 g/100g        | 2,400 g/100g      | 0,10                       |
| 6615  | Delikatess-Bienenstich              | 311                      | 1.303                  | 30,000 g/100g              | 14,000 g/100g       | 19,000 g/100g     | 9,900 g/100g                 | 5,300 g/100g         | 0,430 g/100g      | 2,50                       |
| 6172  | Delikatess-<br>Erdbeersahneschnitte | 172                      | 718                    | 28,000 g/100g              | 19,000 g/100g       | 5,400 g/100g      | 2,900 g/100g                 | 2,500 g/100g         | 0,220 g/100g      | 2,30                       |
| 2015  | Dinkelbrot                          | 210                      | 881                    | 40,617 g/100g              | 0,660 g/100g        | 0,994 g/100g      | 0,238 g/100g                 | 7,691 g/100g         | 1,521 g/100g      | 3,40                       |
| 2096  | Dinkelbrot                          | 210                      | 881                    | 40,618 g/100g              | 0,661 g/100g        | 0,993 g/100g      | 0,238 g/100g                 | 7,690 g/100g         | 1,521 g/100g      | 3,40                       |
| 4010  | Dinkelherz                          | 304                      | 1.274                  | 45,454 g/100g              | 1,091 g/100g        | 7,554 g/100g      | 0,944 g/100g                 | 10,890 g/100g        | 1,389 g/100g      | 3,80                       |
| 4274  | Dinkelsee m. Grünkern               | 258                      | 1.078                  | 41,567 g/100g              | 0,925 g/100g        | 5,135 g/100g      | 0,743 g/100g                 | 9,273 g/100g         | 1,365 g/100g      | 3,50                       |
| 2003  | Dinkel-Vollkornbrot                 | 251                      | 1.052                  | 34,674 g/100g              | 1,608 g/100g        | 6,974 g/100g      | 0,804 g/100g                 | 9,631 g/100g         | 0,772 g/100g      | 2,90                       |
| 4303  | Dinnete                             | 286                      | 1.199                  | 20,689 g/100g              | 1,587 g/100g        | 18,537 g/100g     | 7,421 g/100g                 | 8,932 g/100g         | 1,285 g/100g      | 1,70                       |
| 6626  | Donut ChocolateCake                 | 476                      | 1.995                  | 49,700 g/100g              | 24,900 g/100g       | 27,600 g/100g     | 13,100 g/100g                | 6,100 g/100g         | 0,513 g/100g      | 4,10                       |
| 6620  | Donut CocoaCreme                    | 493                      | 2.063                  | 49,100 g/100g              | 25,600 g/100g       | 30,100 g/100g     | 16,100 g/100g                | 5,100 g/100g         | 0,536 g/100g      | 4,10                       |
| 6625  | Donut CremeBrulee                   | 456                      | 1.908                  | 48,900 g/100g              | 23,100 g/100g       | 26,900 g/100g     | 14,500 g/100g                | 4,100 g/100g         | 0,670 g/100g      | 4,10                       |
| 6623  | Donut DecadentChocolate             | 459                      | 1.921                  | 47,600 g/100g              | 20,000 g/100g       | 26,700 g/100g     | 13,100 g/100g                | 5,800 g/100g         | 0,631 g/100g      | 4,00                       |
| 6619  | Donut Mango                         | 404                      | 1.692                  | 53,300 g/100g              | 29,200 g/100g       | 19,000 g/100g     | 10,500 g/100g                | 4,100 g/100g         | 0,560 g/100g      | 4,40                       |
| 6618  | Donut Milka&Daim                    | 420                      | 1.760                  | 46,000 g/100g              | 23,000 g/100g       | 24,000 g/100g     | 12,800 g/100g                | 4,500 g/100g         | 0,726 g/100g      | 3,80                       |
| 6627  | Donut Oreo                          | 479                      | 2.006                  | 50,900 g/100g              | 23,100 g/100g       | 28,000 g/100g     | 14,500 g/100g                | 5,100 g/100g         | 0,600 g/100g      | 4,20                       |
| 6621  | Donut PartySprinkle                 | 462                      | 1.932                  | 48,200 g/100g              | 18,700 g/100g       | 27,600 g/100g     | 15,000 g/100g                | 4,600 g/100g         | 0,586 g/100g      | 4,00                       |
| 6624  | Donut RaspberryCheesecake           | 399                      | 1.669                  | 45,300 g/100g              | 21,300 g/100g       | 21,600 g/100g     | 12,000 g/100g                | 5,100 g/100g         | 0,576 g/100g      | 3,80                       |
| 6533  | Donut Simpsons                      | 464                      | 1.944                  | 47,800 g/100g              | 20,000 g/100g       | 28,200 g/100g     | 15,900 g/100g                | 4,400 g/100g         | 0,560 g/100g      | 4,00                       |
| 6179  | Donut Vanille                       | 419                      | 1.755                  | 41,600 g/100g              | 17,900 g/100g       | 25,900 g/100g     | 14,200 g/100g                | 4,500 g/100g         | 0,569 g/100g      | 3,50                       |
| 1506  | Dressing Joghurt 70ml               | 146                      | 610                    | 7,200 g/100g               | 5,600 g/100g        | 12,500 g/100g     | 1,700 g/100g                 | 1,500 g/100g         | 1,000 g/100g      | 0,60                       |
| 1505  | Dressing Vinaigrette 70ml           | 96                       | 402                    | 6,700 g/100g               | 6,600 g/100g        | 7,700 g/100g      | 0,500 g/100g                 | 0,200 g/100g         | 2,000 g/100g      | 0,60                       |
| 1318  | Eiskaffee                           | 105                      | 440                    | 12,400 g/100g              | 12,348 g/100g       | 5,606 g/100g      | 4,745 g/100g                 | 1,294 g/100g         | 0,053 g/100g      | 1,00                       |
| 1356  | Eiskakao                            | 134                      | 562                    | 17,959 g/100g              | 17,378 g/100g       | 5,942 g/100g      | 5,021 g/100g                 | 2,165 g/100g         | 0,151 g/100g      | 1,50                       |
| 2070  | Emmerbrot                           | 205                      | 859                    | 36,033 g/100g              | 1,846 g/100g        | 2,112 g/100g      | 0,408 g/100g                 | 7,527 g/100g         | 1,571 g/100g      | 3,00                       |
| 6363  | Erdbeer-Joghurt-Sahne-<br>Schnitte  | 205                      | 859                    | 21,000 g/100g              | 13,000 g/100g       | 12,000 g/100g     | 6,900 g/100g                 | 3,400 g/100g         | 0,130 g/100g      | 1,80                       |
| 1457  | Filterkaffee XL                     | 0                        | 1                      | 0,006 g/100g               |                     | 0,006 g/100g      |                              | 0,012 g/100g         |                   | 0,00                       |
| 1175  | Fleischkäse Scheibe                 | 289                      | 1.210                  | 0,100 g/100g               | 0,500 g/100g        | 27,200 g/100g     | 10,800 g/100g                | 11,900 g/100g        | 2,800 g/100g      | 0,00                       |
| 1004  | Frühstück deftig                    | 159                      | 665                    | 16,108 g/100g              | 2,316 g/100g        | 7,690 g/100g      | 4,709 g/100g                 | 5,918 g/100g         | 0,686 g/100g      | 1,30                       |
| 1327  | Frühstück Fitness                   | 166                      | 695                    | 11,952 g/100g              | 1,894 g/100g        | 10,170 g/100g     | 4,479 g/100g                 | 6,529 g/100g         | 0,616 g/100g      | 1,00                       |
| 1231  | Frühstück französisch               | 179                      | 750                    | 14,868 g/100g              | 6,002 g/100g        | 11,839 g/100g     | 7,487 g/100g                 | 3,205 g/100g         | 0,362 g/100g      | 1,20                       |
| 1232  | Frühstück für kleine Gäste          | 135                      | 565                    | 17,844 g/100g              | 6,911 g/100g        | 5,686 g/100g      | 3,022 g/100g                 | 2,735 g/100g         | 0,466 g/100g      | 1,50                       |
| 1058  | Frühstück Hallo Wach                | 111                      | 463                    | 13,928 g/100g              | 4,119 g/100g        | 4,456 g/100g      | 2,381 g/100g                 | 3,364 g/100g         | 0,435 g/100g      | 1,20                       |
| 1324  | Frühstück Mediterran                | 166                      | 695                    | 16,180 g/100g              | 2,205 g/100g        | 8,326 g/100g      | 4,005 g/100g                 | 6,237 g/100g         | 0,629 g/100g      | 1,30                       |
| 1325  | Frühstück Rustikal                  | 166                      | 696                    | 13,087 g/100g              | 1,945 g/100g        | 9,537 g/100g      | 4,575 g/100g                 | 6,803 g/100g         | 0,914 g/100g      | 1,10                       |
| 1276  | Frühstück Schlemmer                 | 158                      | 660                    | 14,181 g/100g              | 5,568 g/100g        | 8,560 g/100g      | 4,244 g/100g                 | 5,744 g/100g         | 0,601 g/100g      | 1,20                       |
| 1003  | Frühstück schnell                   | 117                      | 488                    | 13,052 g/100g              | 3,082 g/100g        | 5,487 g/100g      | 3,178 g/100g                 | 3,498 g/100g         | 0,357 g/100g      | 1,10                       |
| 1328  | Frühstück Sternenbäck<br>Spezial    | 108                      | 450                    | 10,898 g/100g              | 3,925 g/100g        | 5,216 g/100g      | 2,260 g/100g                 | 4,074 g/100g         | 0,439 g/100g      | 0,90                       |
| 1002  | Frühstück süß                       | 163                      | 682                    | 20,328 g/100g              | 8,967 g/100g        | 7,562 g/100g      | 3,801 g/100g                 | 3,010 g/100g         | 0,275 g/100g      | 1,70                       |
| 1326  | Frühstücksteller                    | 139                      | 580                    | 9,804 g/100g               | 2,499 g/100g        | 8,217 g/100g      | 5,046 g/100g                 | 6,056 g/100g         | 0,605 g/100g      | 0,80                       |
| 2047  | Genetztes Brot                      | 212                      | 889                    | 40,834 g/100g              | 1,309 g/100g        | 1,086 g/100g      | 0,190 g/100g                 | 7,418 g/100g         | 1,378 g/100g      | 3,40                       |
| 6088  | Glücksmoment                        | 406                      | 1.702                  | 40,937 g/100g              | 29,927 g/100g       | 24,103 g/100g     | 14,602 g/100g                | 4,035 g/100g         | 0,270 g/100g      | 3,40                       |
| 4293  | Goldweck                            | 227                      | 950                    | 43,985 g/100g              | 1,289 g/100g        | 1,873 g/100g      | 0,304 g/100g                 | 6,517 g/100g         | 1,412 g/100g      | 3,70                       |
| 1057  | Gouda-Stern                         | 236                      | 986                    | 23,965 g/100g              | 1,129 g/100g        | 11,280 g/100g     | 4,672 g/100g                 | 8,775 g/100g         | 1,397 g/100g      | 2,00                       |
| 6042  | Granatsplitter dunkel               | 450                      | 1.884                  | 39,484 g/100g              | 28,212 g/100g       | 28,540 g/100g     | 14,062 g/100g                | 4,766 g/100g         | 0,352 g/100g      | 3,30                       |
| 6036  | Granatsplitter hell                 | 447                      | 1.873                  | 42,202 g/100g              | 31,515 g/100g       | 28,010 g/100g     | 13,581 g/100g                | 5,368 g/100g         | 0,454 g/100g      | 3,50                       |
| 4136  | Grillkonfekt                        | 260                      | 1.089                  | 45,497 g/100g              | 1,589 g/100g        | 3,961 g/100g      | 0,649 g/100g                 | 8,256 g/100g         | 2,452 g/100g      | 3,80                       |
| 2008  | Großer Knautzer                     | 224                      | 937                    | 43,077 g/100g              | 1,441 g/100g        | 1,222 g/100g      | 0,318 g/100g                 | 7,657 g/100g         | 1,437 g/100g      | 3,60                       |
| 2258  | Gruß aus der Backstube              | 198                      | 828                    | 40,052 g/100g              | 1,649 g/100g        | 0,677 g/100g      | 0,108 g/100g                 | 5,856 g/100g         | 1,159 g/100g      | 3,30                       |

| ArtNr | Bezeichnung                      | Brennwert/<br>100g(kcal) | Brennwert/<br>100g(kJ) | Nährwert.<br>Kohlenhydrate | Nährwert.<br>Zucker | Nährwert.<br>Fett | Nährwert.<br>ges. Fettsäuren | Nährwert.<br>Eiweiss | Nährwert.<br>Salz | Nährwert.<br>Broteinheiten |
|-------|----------------------------------|--------------------------|------------------------|----------------------------|---------------------|-------------------|------------------------------|----------------------|-------------------|----------------------------|
| 1108  | halbes belegtes Kaiserbrötchen   | 232                      | 970                    | 18,433 g/100g              | 0,773 g/100g        | 13,431 g/100g     | 7,661 g/100g                 | 8,884 g/100g         | 1,208 g/100g      | 1,50                       |
| 4036  | Handbrötchen                     | 217                      | 907                    | 20,021 g/100g              | 2,149 g/100g        | 10,537 g/100g     | 4,215 g/100g                 | 9,291 g/100g         | 1,575 g/100g      | 1,70                       |
| 2230  | Hausbrot                         | 230                      | 962                    | 43,735 g/100g              | 1,220 g/100g        | 2,136 g/100g      | 0,220 g/100g                 | 6,846 g/100g         | 1,341 g/100g      | 3,60                       |
| 4131  | Hefeschnecke mit Zimt            | 379                      | 1.589                  | 51,154 g/100g              | 22,372 g/100g       | 16,698 g/100g     | 6,705 g/100g                 | 5,258 g/100g         | 0,531 g/100g      | 4,30                       |
| 2033  | Hefezopf                         | 319                      | 1.336                  | 50,362 g/100g              | 14,535 g/100g       | 9,342 g/100g      | 1,403 g/100g                 | 6,989 g/100g         | 0,946 g/100g      | 4,20                       |
| 1455  | Heißes Kakaotrunk XL             | 39                       | 162                    | 7,378 g/100g               | 6,673 g/100g        | 0,449 g/100g      | 0,367 g/100g                 | 1,163 g/100g         | 0,131 g/100g      | 0,60                       |
| 1267  | Heißes Kakaotrunk groß           | 39                       | 162                    | 7,378 g/100g               | 6,673 g/100g        | 0,449 g/100g      | 0,367 g/100g                 | 1,163 g/100g         | 0,131 g/100g      | 0,60                       |
| 2307  | Holzofenkruste                   | 210                      | 880                    | 42,474 g/100g              | 1,267 g/100g        | 0,708 g/100g      | 0,123 g/100g                 | 6,555 g/100g         | 1,446 g/100g      | 3,50                       |
| 1124  | Hot Dog                          | 218                      | 913                    | 22,084 g/100g              | 4,075 g/100g        | 10,230 g/100g     | 4,834 g/100g                 | 8,600 g/100g         | 1,586 g/100g      | 1,80                       |
| 1364  | Iced Caramel Macchiato           | 37                       | 154                    | 3,589 g/100g               | 3,575 g/100g        | 1,760 g/100g      | 1,155 g/100g                 | 1,664 g/100g         | 0,001 g/100g      | 0,30                       |
| 1443  | Iced Erdbeer-Smoothie            | 29                       | 120                    | 7,057 g/100g               | 6,436 g/100g        | 0,001 g/100g      | 0,000 g/100g                 | 0,002 g/100g         | 0,015 g/100g      | 0,60                       |
| 1422  | Iced Mango-Smoothie              | 25                       | 105                    | 6,117 g/100g               | 4,069 g/100g        | 0,005 g/100g      | 0,001 g/100g                 | 0,018 g/100g         | 0,035 g/100g      | 0,50                       |
| 1395  | Iced Mocha                       | 35                       | 148                    | 3,168 g/100g               | 3,125 g/100g        | 1,765 g/100g      | 1,156 g/100g                 | 1,679 g/100g         | 0,003 g/100g      | 0,30                       |
| 1112  | Italiano                         | 208                      | 872                    | 16,935 g/100g              | 1,681 g/100g        | 11,496 g/100g     | 6,664 g/100g                 | 8,835 g/100g         | 0,969 g/100g      | 1,40                       |
| 1353  | Italienischer Salat              | 67                       | 279                    | 4,312 g/100g               | 1,196 g/100g        | 3,300 g/100g      | 2,314 g/100g                 | 4,369 g/100g         | 0,307 g/100g      | 0,40                       |
| 4236  | Jogging Schleife                 | 303                      | 1.269                  | 43,063 g/100g              | 3,057 g/100g        | 8,592 g/100g      | 1,183 g/100g                 | 10,271 g/100g        | 1,301 g/100g      | 3,60                       |
| 1530  | Joghurt Obstsalat Dessert        | 80                       | 334                    | 11,293 g/100g              | 8,717 g/100g        | 2,333 g/100g      | 1,503 g/100g                 | 3,256 g/100g         | 0,081 g/100g      | 0,90                       |
| 4016  | Kaiserbrötchen                   | 277                      | 1.158                  | 54,945 g/100g              | 1,492 g/100g        | 1,691 g/100g      | 0,320 g/100g                 | 8,234 g/100g         | 1,581 g/100g      | 4,60                       |
| 4021  | Kaiserbrötchen getrocknet        | 235                      | 984                    | 46,702 g/100g              | 1,269 g/100g        | 1,437 g/100g      | 0,272 g/100g                 | 6,998 g/100g         | 1,344 g/100g      | 3,90                       |
| 2013  | Kartoffelbrot                    | 233                      | 977                    | 46,811 g/100g              | 1,212 g/100g        | 0,763 g/100g      | 0,109 g/100g                 | 7,409 g/100g         | 1,366 g/100g      | 3,90                       |
| 1105  | Kartoffelsalat                   | 112                      | 468                    | 13,600 g/100g              | 4,700 g/100g        | 5,700 g/100g      | 0,400 g/100g                 | 1,500 g/100g         | 1,700 g/100g      | 1,10                       |
| 4247  | Kartoffelschleife                | 244                      | 1.021                  | 46,699 g/100g              | 2,107 g/100g        | 1,732 g/100g      | 0,285 g/100g                 | 7,881 g/100g         | 1,366 g/100g      | 3,90                       |
| 4039  | Käsebrezel                       | 265                      | 1.112                  | 32,958 g/100g              | 1,040 g/100g        | 9,652 g/100g      | 5,158 g/100g                 | 10,670 g/100g        | 1,623 g/100g      | 2,70                       |
| 4005  | Käsebrötchen                     | 346                      | 1.450                  | 45,706 g/100g              | 2,898 g/100g        | 13,971 g/100g     | 6,977 g/100g                 | 8,145 g/100g         | 1,146 g/100g      | 3,80                       |
| 6029  | Käsekuchen                       | 241                      | 1.011                  | 18,891 g/100g              | 12,658 g/100g       | 14,936 g/100g     | 5,857 g/100g                 | 7,940 g/100g         | 0,251 g/100g      | 1,60                       |
| 1144  | Käselaugenstange                 | 270                      | 1.131                  | 40,332 g/100g              | 3,121 g/100g        | 7,939 g/100g      | 3,857 g/100g                 | 5,390 g/100g         | 0,357 g/100g      | 3,40                       |
| 1149  | Käselaugenstange mit Debrenziner | 266                      | 1.112                  | 23,663 g/100g              | 2,192 g/100g        | 14,624 g/100g     | 6,875 g/100g                 | 7,694 g/100g         | 1,224 g/100g      | 2,00                       |
| 1150  | Käselaugenstange mit Speck       | 295                      | 1.234                  | 38,355 g/100g              | 2,779 g/100g        | 9,194 g/100g      | 4,633 g/100g                 | 14,233 g/100g        | 2,248 g/100g      | 3,20                       |
| 6125  | Käse-Sahne-Torte                 | 261                      | 1.094                  | 27,000 g/100g              | 17,000 g/100g       | 15,000 g/100g     | 8,900 g/100g                 | 4,700 g/100g         | 0,260 g/100g      | 2,30                       |
| 6198  | Käse-Sahne-Torte                 | 262                      | 1.099                  | 28,400 g/100g              | 15,200 g/100g       | 13,600 g/100g     | 7,100 g/100g                 | 6,500 g/100g         | 0,200 g/100g      | 2,40                       |
| 4043  | Käse-Schinken-Croissant          | 320                      | 1.338                  | 26,300 g/100g              | 1,800 g/100g        | 18,900 g/100g     | 10,200 g/100g                | 10,000 g/100g        | 1,710 g/100g      | 2,20                       |
| 4192  | Käseseele                        | 234                      | 980                    | 32,844 g/100g              | 0,706 g/100g        | 6,573 g/100g      | 3,802 g/100g                 | 9,512 g/100g         | 1,368 g/100g      | 2,70                       |
| 2057  | Kaviar/Sardellenbrot             | 251                      | 1.051                  | 47,151 g/100g              | 3,616 g/100g        | 2,420 g/100g      | 1,201 g/100g                 | 8,164 g/100g         | 1,289 g/100g      | 3,90                       |
| 1444  | Kokosnuss-Himbeersmoothie        | 31                       | 131                    | 5,237 g/100g               | 4,454 g/100g        | 1,081 g/100g      | 0,945 g/100g                 | 0,119 g/100g         | 0,021 g/100g      | 0,40                       |
| 1120  | Körnerbrezel                     | 339                      | 1.419                  | 33,717 g/100g              | 1,317 g/100g        | 16,491 g/100g     | 2,361 g/100g                 | 11,306 g/100g        | 2,389 g/100g      | 2,80                       |
| 1019  | Kraftpaket                       | 206                      | 863                    | 21,893 g/100g              | 1,175 g/100g        | 8,358 g/100g      | 3,664 g/100g                 | 10,276 g/100g        | 1,255 g/100g      | 1,80                       |
| 4078  | Kümmelbrötchen                   | 229                      | 961                    | 42,962 g/100g              | 1,599 g/100g        | 2,219 g/100g      | 0,276 g/100g                 | 7,385 g/100g         | 7,665 g/100g      | 3,60                       |
| 4235  | Kürbiskracher                    | 281                      | 1.177                  | 37,536 g/100g              | 0,769 g/100g        | 11,050 g/100g     | 2,004 g/100g                 | 5,853 g/100g         | 1,229 g/100g      | 3,10                       |
| 1024  | Latte Macchiato groß             | 50                       | 209                    | 3,745 g/100g               | 3,740 g/100g        | 2,732 g/100g      | 1,792 g/100g                 | 2,581 g/100g         | 0,001 g/100g      | 0,30                       |
| 1452  | Latte Macchiato XL               | 50                       | 209                    | 3,745 g/100g               | 3,740 g/100g        | 2,732 g/100g      | 1,792 g/100g                 | 2,581 g/100g         | 0,001 g/100g      | 0,30                       |
| 1017  | Laugenbrezel mit Butter          | 298                      | 1.249                  | 38,345 g/100g              | 1,294 g/100g        | 12,972 g/100g     | 6,945 g/100g                 | 5,989 g/100g         | 1,325 g/100g      | 3,20                       |
| 4006  | Laugencroissant                  | 323                      | 1.354                  | 38,000 g/100g              | 4,300 g/100g        | 16,000 g/100g     | 10,000 g/100g                | 6,800 g/100g         | 1,300 g/100g      | 3,20                       |
| 4183  | Laugeneck                        | 391                      | 1.638                  | 39,614 g/100g              | 2,769 g/100g        | 22,603 g/100g     | 10,626 g/100g                | 6,255 g/100g         | 1,332 g/100g      | 3,30                       |
| 4003  | Laugenknoten                     | 286                      | 1.197                  | 51,311 g/100g              | 1,666 g/100g        | 4,542 g/100g      | 0,695 g/100g                 | 8,010 g/100g         | 1,508 g/100g      | 4,30                       |
| 1018  | Laugenknoten mit Butter          | 287                      | 1.201                  | 39,050 g/100g              | 0,946 g/100g        | 11,250 g/100g     | 6,144 g/100g                 | 6,082 g/100g         | 1,094 g/100g      | 3,30                       |
| 4155  | Laugen-Landbrötchen              | 335                      | 1.400                  | 55,343 g/100g              | 3,977 g/100g        | 7,500 g/100g      | 1,136 g/100g                 | 9,432 g/100g         | 2,114 g/100g      | 4,60                       |
| 4011  | Laugenstange                     | 285                      | 1.192                  | 54,843 g/100g              | 4,245 g/100g        | 4,021 g/100g      | 0,558 g/100g                 | 1,720 g/100g         | 1,894 g/100g      | 4,60                       |
| 4182  | Laugenzopf                       | 295                      | 1.234                  | 54,222 g/100g              | 2,667 g/100g        | 3,111 g/100g      | 0,333 g/100g                 | 9,889 g/100g         | 1,711 g/100g      | 4,50                       |
| 6056  | Linzer Torte                     | 489                      | 2.045                  | 47,414 g/100g              | 32,823 g/100g       | 29,603 g/100g     | 9,624 g/100g                 | 6,942 g/100g         | 0,352 g/100g      | 4,00                       |
| 6518  | Marzipan-Torte                   | 388                      | 1.622                  | 40,300 g/100g              | 28,500 g/100g       | 22,800 g/100g     | 11,300 g/100g                | 4,900 g/100g         | 0,100 g/100g      | 3,40                       |
| 1421  | Matcha Lime Crush                | 17                       | 70                     | 4,092 g/100g               | 2,345 g/100g        | 0,005 g/100g      | 0,001 g/100g                 | 0,018 g/100g         | 0,035 g/100g      | 0,30                       |
| 1377  | Maultaschen                      | 164                      | 688                    | 11,097 g/100g              | 1,899 g/100g        | 10,725 g/100g     | 4,909 g/100g                 | 5,861 g/100g         | 1,009 g/100g      | 0,90                       |
| 1130  | Milchkafee groß                  | 42                       | 174                    | 3,122 g/100g               | 3,117 g/100g        | 2,277 g/100g      | 1,494 g/100g                 | 2,152 g/100g         | 0,001 g/100g      | 0,30                       |
| 1223  | Milchkafee XL                    | 42                       | 174                    | 3,122 g/100g               | 3,117 g/100g        | 2,277 g/100g      | 1,494 g/100g                 | 2,152 g/100g         | 0,001 g/100g      | 0,30                       |
| 1237  | Milchreis Rote Grütze Dessert    | 104                      | 437                    | 20,179 g/100g              | 13,721 g/100g       | 1,421 g/100g      | 0,900 g/100g                 | 2,143 g/100g         | 0,119 g/100g      | 1,70                       |
| 4019  | Minibaguettebrötchen             | 246                      | 1.030                  | 49,922 g/100g              | 1,041 g/100g        | 0,961 g/100g      | 0,256 g/100g                 | 7,308 g/100g         | 1,558 g/100g      | 4,20                       |
| 4014  | Mohnbrötchen                     | 297                      | 1.242                  | 52,004 g/100g              | 1,412 g/100g        | 4,512 g/100g      | 0,633 g/100g                 | 9,396 g/100g         | 1,490 g/100g      | 4,30                       |
| 2160  | Naturroggenbrot                  | 221                      | 926                    | 44,345 g/100g              | 4,055 g/100g        | 0,850 g/100g      | 0,131 g/100g                 | 5,887 g/100g         | 1,405 g/100g      | 3,70                       |
| 2138  | Nussbrot                         | 254                      | 1.065                  | 38,610 g/100g              | 1,996 g/100g        | 6,898 g/100g      | 0,738 g/100g                 | 7,576 g/100g         | 1,025 g/100g      | 3,20                       |
| 6549  | Nuss-Buttercreme-Torte           | 343                      | 1.435                  | 33,000 g/100g              | 21,000 g/100g       | 22,000 g/100g     | 10,000 g/100g                | 3,500 g/100g         | 0,230 g/100g      | 2,80                       |
| 6529  | Nuss-Creme-Torte                 | 410                      | 1.715                  | 36,900 g/100g              | 24,400 g/100g       | 26,600 g/100g     | 11,700 g/100g                | 5,500 g/100g         | 0,100 g/100g      | 3,10                       |
| 2040  | Nusszopf                         | 326                      | 1.367                  | 50,838 g/100g              | 21,379 g/100g       | 9,852 g/100g      | 2,453 g/100g                 | 6,894 g/100g         | 0,555 g/100g      | 4,20                       |
| 4196  | Nutella® Muffin                  | 436                      | 1.825                  | 49,200 g/100g              | 27,700 g/100g       | 24,100 g/100g     | 3,200 g/100g                 | 5,300 g/100g         | 0,460 g/100g      | 4,10                       |
| 1257  | Oktoberfest-Brezel               | 254                      | 1.062                  | 24,113 g/100g              | 1,394 g/100g        | 14,113 g/100g     | 6,382 g/100g                 | 7,044 g/100g         | 1,291 g/100g      | 2,00                       |
| 6605  | Omas Rührkuchen Marmor           | 460                      | 1.924                  | 42,402 g/100g              | 25,712 g/100g       | 28,856 g/100g     | 3,929 g/100g                 | 7,009 g/100g         | 0,744 g/100g      | 3,50                       |
| 6603  | Omas Rührkuchen Zitrone          | 470                      | 1.968                  | 44,311 g/100g              | 26,893 g/100g       | 29,539 g/100g     | 3,670 g/100g                 | 6,569 g/100g         | 0,786 g/100g      | 3,70                       |
| 1215  | Panini Tomate Mozzarella         | 190                      | 794                    | 19,852 g/100g              | 1,835 g/100g        | 8,634 g/100g      | 2,986 g/100g                 | 7,443 g/100g         | 1,203 g/100g      | 1,70                       |
| 4095  | Party Roggenrad 14 Stück         | 241                      | 1.010                  | 36,916 g/100g              | 2,484 g/100g        | 5,100 g/100g      | 0,797 g/100g                 | 9,547 g/100g         | 1,236 g/100g      | 3,10                       |
| 4094  | Party Weizenrad 14 Stück         | 261                      | 1.093                  | 44,087 g/100g              | 1,345 g/100g        | 4,831 g/100g      | 0,726 g/100g                 | 8,193 g/100g         | 1,228 g/100g      | 3,70                       |
| 4306  | Pekannusstasche                  | 414                      | 1.732                  | 38,000 g/100g              | 11,000 g/100g       | 27,000 g/100g     | 10,000 g/100g                | 4,800 g/100g         | 0,450 g/100g      | 3,20                       |
| 6192  | Pfauenauge                       | 382                      | 1.600                  | 56,334 g/100g              | 45,614 g/100g       | 13,794 g/100g     | 3,040 g/100g                 | 6,530 g/100g         | 0,280 g/100g      | 4,70                       |
| 1020  | Pizzafleischkäse Scheibe         | 131                      | 549                    | 1,400 g/100g               | 0,900 g/100g        | 8,400 g/100g      | 8,400 g/100g                 | 12,600 g/100g        | 1,300 g/100g      | 0,10                       |
| 1163  | Pizzastick                       | 209                      | 876                    | 26,305 g/100g              | 3,833 g/100g        | 7,405 g/100g      | 4,241 g/100g                 | 8,313 g/100g         | 1,622 g/100g      | 2,20                       |
| 1526  | Portionshefe                     | 357                      | 1.493                  | 19,000 g/100g              | 14,000 g/100g       | 5,700 g/100g      | 0,900 g/100g                 | 43,700 g/100g        | 0,300 g/100g      | 1,60                       |
| 4081  | Quarkbällchen                    | 312                      | 1.308                  | 35,893 g/100g              | 18,199 g/100g       | 15,351 g/100g     | 3,259 g/100g                 | 7,271 g/100g         | 1,000 g/100g      | 3,00                       |
| 4050  | Quarkkrüstchen                   | 318                      | 1.330                  | 40,524 g/100g              | 13,376 g/100g       | 14,351 g/100g     | 5,208 g/100g                 | 5,884 g/100g         | 0,579 g/100g      | 3,40                       |
| 2034  | Quarkstrusel                     | 347                      | 1.452                  | 54,083 g/100g              | 20,470 g/100g       | 11,035 g/100g     | 4,880 g/100g                 | 6,577 g/100g         | 0,589 g/100g      | 4,50                       |
| 4187  | Quarteigohse                     | 332                      | 1.392                  | 50,219 g/100g              | 17,097 g/100g       | 9,884 g/100g      | 6,020 g/100g                 | 9,331 g/100g         | 1,318 g/100g      | 4,20                       |
| 6153  | Rhabarber-Baiser-Kuchen          | 202                      | 845                    | 34,536 g/100g              | 26,524 g/100g       | 4,706 g/100g      | 2,024 g/100g                 | 4,070 g/100g         | 0,241 g/100g      | 2,90                       |

| ArtNr | Bezeichnung                 | Brennwert/<br>100g(kcal) | Brennwert/<br>100g(kJ) | Nährwert.<br>Kohlenhydrate | Nährwert.<br>Zucker | Nährwert.<br>Fett | Nährwert.<br>ges. Fettsäueren | Nährwert.<br>Eiweiss | Nährwert.<br>Salz | Nährwert.<br>Proteinheiten |
|-------|-----------------------------|--------------------------|------------------------|----------------------------|---------------------|-------------------|-------------------------------|----------------------|-------------------|----------------------------|
| 4264  | Rhabarber-Schmand-Streusel  | 320                      | 1.339                  | 42,936 g/100g              | 18,234 g/100g       | 13,165 g/100g     | 8,246 g/100g                  | 6,290 g/100g         | 0,689 g/100g      | 3,60                       |
| 2170  | Roggenkruste                | 181                      | 758                    | 35,449 g/100g              | 2,664 g/100g        | 0,791 g/100g      | 0,130 g/100g                  | 5,659 g/100g         | 1,521 g/100g      | 3,00                       |
| 4292  | Roggen-Rosenbrötchen        | 244                      | 1.023                  | 46,219 g/100g              | 2,975 g/100g        | 1,138 g/100g      | 0,276 g/100g                  | 9,717 g/100g         | 1,615 g/100g      | 3,90                       |
| 4305  | Rosenbrötchen dunkel        | 314                      | 1.313                  | 63,649 g/100g              | 1,765 g/100g        | 1,059 g/100g      | 0,235 g/100g                  | 9,530 g/100g         | 2,235 g/100g      | 5,30                       |
| 4129  | Rosenbrötchen hell          | 276                      | 1.156                  | 50,274 g/100g              | 1,476 g/100g        | 4,043 g/100g      | 1,059 g/100g                  | 7,711 g/100g         | 1,364 g/100g      | 4,20                       |
| 6186  | Roulade des Monats          | 282                      | 1.182                  | 30,360 g/100g              | 21,363 g/100g       | 15,297 g/100g     | 8,251 g/100g                  | 5,410 g/100g         | 0,350 g/100g      | 2,50                       |
| 1059  | Salami-Stern                | 225                      | 943                    | 25,979 g/100g              | 1,303 g/100g        | 9,889 g/100g      | 3,161 g/100g                  | 7,196 g/100g         | 1,309 g/100g      | 2,20                       |
| 1500  | Salat Hähnchenbruststreifen | 61                       | 254                    | 1,104 g/100g               | 0,677 g/100g        | 2,829 g/100g      | 1,808 g/100g                  | 7,346 g/100g         | 0,184 g/100g      | 0,10                       |
| 1503  | Salat Käse                  | 69                       | 290                    | 3,698 g/100g               | 2,065 g/100g        | 4,070 g/100g      | 2,168 g/100g                  | 3,939 g/100g         | 0,518 g/100g      | 0,30                       |
| 1501  | Salat Tomate Mozzarella     | 53                       | 224                    | 1,916 g/100g               | 1,585 g/100g        | 3,110 g/100g      | 2,224 g/100g                  | 3,947 g/100g         | 0,206 g/100g      | 0,20                       |
| 1409  | San Lucar                   | 52                       | 216                    | 11,000 g/100g              | 10,000 g/100g       | 0,500 g/100g      | 0,100 g/100g                  | 0,600 g/100g         | 0,010 g/100g      | 0,90                       |
| 1430  | San Lucar Smoothie          | 47                       | 197                    | 10,000 g/100g              | 9,400 g/100g        | 0,500 g/100g      | 0,100 g/100g                  | 0,500 g/100g         | 0,010 g/100g      | 0,80                       |
| 1433  | San Lucar Smoothie          | 77                       | 324                    | 13,000 g/100g              | 12,000 g/100g       | 2,500 g/100g      | 2,100 g/100g                  | 0,600 g/100g         | 0,010 g/100g      | 1,10                       |
| 1054  | Sanfter Engel               | 112                      | 468                    | 17,206 g/100g              | 1,118 g/100g        | 4,181 g/100g      | 3,716 g/100g                  | 1,239 g/100g         | 0,052 g/100g      | 1,40                       |
| 1101  | Schinken-Stern              | 191                      | 800                    | 25,334 g/100g              | 1,270 g/100g        | 6,258 g/100g      | 0,950 g/100g                  | 7,376 g/100g         | 1,462 g/100g      | 2,10                       |
| 6015  | Schokobanane                | 328                      | 1.374                  | 34,836 g/100g              | 25,573 g/100g       | 18,480 g/100g     | 8,573 g/100g                  | 4,535 g/100g         | 0,859 g/100g      | 2,90                       |
| 6546  | Schokosahnetorte            | 274                      | 1.149                  | 24,000 g/100g              | 14,000 g/100g       | 18,000 g/100g     | 11,000 g/100g                 | 4,400 g/100g         | 0,160 g/100g      | 2,00                       |
| 2046  | Schwabenkorn                | 246                      | 1.031                  | 36,835 g/100g              | 1,420 g/100g        | 5,752 g/100g      | 0,880 g/100g                  | 9,164 g/100g         | 1,183 g/100g      | 3,10                       |
| 2028  | Schwäbisches Landbrot       | 227                      | 950                    | 44,088 g/100g              | 1,769 g/100g        | 0,922 g/100g      | 0,154 g/100g                  | 7,974 g/100g         | 1,243 g/100g      | 3,70                       |
| 6523  | Schwarzwälder Kirschtorte   | 250                      | 1.045                  | 25,100 g/100g              | 11,400 g/100g       | 15,100 g/100g     | 8,400 g/100g                  | 3,200 g/100g         | 0,200 g/100g      | 2,10                       |
| 1094  | Schweineschnitzel paniert   | 184                      | 772                    | 13,644 g/100g              | 1,813 g/100g        | 9,453 g/100g      | 1,976 g/100g                  | 11,182 g/100g        | 1,123 g/100g      | 1,10                       |
| 4030  | Seele                       | 234                      | 980                    | 43,697 g/100g              | 1,118 g/100g        | 2,340 g/100g      | 0,397 g/100g                  | 7,433 g/100g         | 2,862 g/100g      | 3,60                       |
| 4184  | Seele belegt                | 206                      | 862                    | 18,629 g/100g              | 0,712 g/100g        | 10,219 g/100g     | 5,964 g/100g                  | 9,267 g/100g         | 1,384 g/100g      | 1,60                       |
| 4008  | Sesambrotchen               | 301                      | 1.258                  | 52,516 g/100g              | 1,425 g/100g        | 5,031 g/100g      | 0,786 g/100g                  | 8,974 g/100g         | 1,488 g/100g      | 4,40                       |
| 1336  | Snack des Monats*           | 202                      | 847                    | 24,095 g/100g              | 4,244 g/100g        | 6,634 g/100g      | 2,040 g/100g                  | 10,768 g/100g        | 0,806 g/100g      | 2,00                       |
| 4079  | Sonnenblumenkernbrötchen    | 330                      | 1.381                  | 32,302 g/100g              | 2,042 g/100g        | 14,767 g/100g     | 1,807 g/100g                  | 13,380 g/100g        | 1,078 g/100g      | 2,70                       |
| 1438  | Spaghetti Bolognese         | 148                      | 621                    | 17,974 g/100g              | 0,379 g/100g        | 4,915 g/100g      | 1,128 g/100g                  | 7,351 g/100g         | 0,438 g/100g      | 1,50                       |
| 1439  | Spaghetti Napoli            | 212                      | 886                    | 40,371 g/100g              | 13,188 g/100g       | 2,089 g/100g      | 1,166 g/100g                  | 6,686 g/100g         | 2,340 g/100g      | 3,40                       |
| 2162  | Sportbrot                   | 244                      | 1.022                  | 35,654 g/100g              | 1,824 g/100g        | 5,615 g/100g      | 0,756 g/100g                  | 9,516 g/100g         | 1,350 g/100g      | 3,00                       |
| 2157  | Steinofenbaguette           | 208                      | 872                    | 39,963 g/100g              | 0,929 g/100g        | 1,657 g/100g      | 0,185 g/100g                  | 6,474 g/100g         | 1,343 g/100g      | 3,30                       |
| 1523  | Sternen Mehl Dinkel         | 349                      | 1.460                  | 68,900 g/100g              | 0,760 g/100g        | 1,300 g/100g      | 0,190 g/100g                  | 12,390 g/100g        |                   | 5,70                       |
| 1466  | Sternen Mehl Roggen         | 338                      | 1.415                  | 67,800 g/100g              | 6,200 g/100g        | 1,300 g/100g      | 0,200 g/100g                  | 9,000 g/100g         | 0,030 g/100g      | 5,70                       |
| 1464  | Sternen Mehl Weizen         | 352                      | 1.473                  | 72,000 g/100g              | 1,100 g/100g        | 1,100 g/100g      | 0,165 g/100g                  | 10,600 g/100g        | 0,030 g/100g      | 6,00                       |
| 1524  | Sternen Semmelbrösel        | 353                      | 1.476                  | 69,700 g/100g              | 4,900 g/100g        | 1,200 g/100g      | 0,200 g/100g                  | 12,400 g/100g        | 1,250 g/100g      | 5,80                       |
| 1440  | Sternen-Burger              | 225                      | 942                    | 21,251 g/100g              | 1,834 g/100g        | 11,427 g/100g     | 3,470 g/100g                  | 8,903 g/100g         | 1,508 g/100g      | 1,80                       |
| 4308  | Sternen-Spitz               | 290                      | 1.214                  | 36,488 g/100g              | 1,301 g/100g        | 10,617 g/100g     | 1,363 g/100g                  | 9,206 g/100g         | 1,154 g/100g      | 3,00                       |
| 1371  | Strammer Max                | 192                      | 803                    | 13,681 g/100g              | 0,795 g/100g        | 11,871 g/100g     | 4,742 g/100g                  | 7,315 g/100g         | 1,347 g/100g      | 1,10                       |
| 1013  | Strammes Mäxchen            | 212                      | 890                    | 18,816 g/100g              | 0,824 g/100g        | 11,048 g/100g     | 6,278 g/100g                  | 8,901 g/100g         | 1,126 g/100g      | 1,60                       |
| 4054  | Streusel                    | 367                      | 1.535                  | 55,200 g/100g              | 23,681 g/100g       | 12,305 g/100g     | 6,722 g/100g                  | 7,572 g/100g         | 0,928 g/100g      | 4,60                       |
| 6023  | Streusel gefüllt            | 276                      | 1.158                  | 40,243 g/100g              | 16,848 g/100g       | 10,311 g/100g     | 5,856 g/100g                  | 4,913 g/100g         | 0,598 g/100g      | 3,40                       |
| 4012  | Vollkornbrötchen            | 264                      | 1.105                  | 38,075 g/100g              | 1,925 g/100g        | 5,541 g/100g      | 0,703 g/100g                  | 11,550 g/100g        | 1,810 g/100g      | 3,20                       |
| 2059  | Wasserweißbrot              | 222                      | 930                    | 43,506 g/100g              | 1,312 g/100g        | 1,500 g/100g      | 0,232 g/100g                  | 6,749 g/100g         | 1,392 g/100g      | 3,60                       |
| 6159  | Wochenendkuchen             | 397                      | 1.661                  | 37,748 g/100g              | 23,024 g/100g       | 24,570 g/100g     | 3,026 g/100g                  | 5,583 g/100g         | 0,666 g/100g      | 3,10                       |
| 4271  | Wrap Curry-Huhn             | 204                      | 855                    | 17,453 g/100g              | 2,063 g/100g        | 12,213 g/100g     | 1,901 g/100g                  | 6,021 g/100g         | 0,530 g/100g      | 1,50                       |
| 1531  | Zollern Eck                 | 267                      | 1.118                  | 21,495 g/100g              | 5,005 g/100g        | 16,707 g/100g     | 6,395 g/100g                  | 7,371 g/100g         | 1,571 g/100g      | 1,80                       |